



KONTOS FOODS INC.
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Dolmades 6/2kg

Product Code: **70005**

Our dolmades are traditionally cooked using delicate grape leaves filled with a savory rice stuffing. Perfect for a flavorful appetizer or served with salads or for a tasty snack.



Nutritional Information

Nutrition Facts

Serving Size 3.5 pcs. (110g)

Servings Per Container 18

Amount Per Serving

Calories 160 Calories from Fat 72

% Daily Value*

Total Fat 8g 12.31%

Saturated Fat 1.3g 6.5%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 726mg 30.25%

Total Carbohydrate 20g 6.67%

Dietary Fiber 5g 20%

Sugars 2g

Protein 2g 4%

Vitamin A 9%

Vitamin C 8%

Calcium 7%

Iron 14%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Pack	Foodservice	Portion Size	3.5 pcs. (110g)
Pack Weight	4 lbs. 3.75 oz. (2kg)	Portion/Case	108 (360 Total Pieces)
Case Pack	6/1	EAN Code	
UPC code	0-32394-70005-1	Ship Weight	31 lbs
Net Weight	26.25 lbs.		
Length	18.50	Pallet Tie	7
Width	12	Pallet Height	12
Height	5	Pallet Case per	84
Case Cube	0.64		
Storage Temp	Ambient (75°F or below)	Kosher Certificate	Yes
Shelf Life Ambient	Two Years	Halal Certificate	No
Shelf Life Refrigerated	---		
Shelf Life Frozen	Not Recommended		
Case Coding	Best Before Date		
Ingredients	Best Before Date		
Allergens			
Caution			

Ingredients: Rice (20%), Vine Leaves (10%), Onions, Soya Oil, Salt, Dill, Mint, Black Pepper, Acidity Regulator, Citric Acid.

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