



Furmanos

Furmanos; 6/#10 Low Sodium - All Natural White Kidney Beans (Cannellini)

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Furmano's Low Sodium All Natural White Kidney (Cannellini) Beans have a smooth, creamy texture and mild flavor. Popular in Tuscan and Italian cuisine, Cannellini Beans are an excellent source of plant-based protein. Low Sodium All Natural Cannellini Beans have no artificial ingredients for cleaner eating. U.S. Grade A (USDA Standards for Canned Dried Beans, effective September 1, 1976).

Brand		Manufacturer		Product Category		
Furmano		Furmanos		Cannellini / White Kidney Beans Dry Pack Canned		
MFG #		GTIN		Pack	Pack Desc.	
F11618		00041188116183		6	6/#10 cans	
Gross Weight		Net Weight		Country of Origin		Kosher
46.50 lbs		40.50 lbs		United States of America		Yes
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
18.81 inches	12.63 inches	7.25 inches	1.00 cu ft	8x7	1260	40.00 / 85.00 FAH

INGREDIENTS

White Kidney Beans, Water, Salt, Calcium Chloride

HANDLING

Cool, dry storage at 65°F - Shelf Life 42 Months at 40° - 85° F

SERVING

Serve as a side dish; Use as an ingredient on a salad bar; Use for soups, stews, casseroles, or salsas

PREP & COOKING

Ingredient

Nutrition Facts

144 servings per container

Serving size 130gr

Amount Per Serving

Calories 120

% Daily Value*

Total Fat 0.22gr 0%

Saturated Fat 0.03gr 0%

Trans Fat 0gr 0%

Cholesterol 0mg 0%

Sodium 106.42mg 0%

Total Carbohydrate 16.13gr 0%

Dietary Fiber 6.69gr 0%

Total Sugars 0.6gr 0%

Includes 0 Added Sugars 0%

Protein 6.34gr

Vitamin D 0mcg 0%

Calcium 40.68mg 0%

Iron 2.2mg 0%

Potassium 378.61mcg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

ALLERGENS

Free From

Milk, Eggs, Fish, Crustacean, Molluscs, Tree Nuts, Peanuts, Nuts, Sesame, Wheat, Soy, Celery, Corn, Mustard, Sulphites

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NUTRITION ANALYSIS

Calories	120	Total Fat	0.22 gr	Sodium	106.42 mg
Protein	6.34 gr	Trans Fats	0 gr	Calcium	40.68 mg
Total Carbohydrates	16.13 gr	Saturated Fat	0.03 gr	Iron	2.2 mg
Sugars	0.6 gr	TPolyunsaturated Fat	0.12 gr	Potassium	378.61 mcg
Dietary Fiber	6.69 gr	Monounsaturated Fat	0.02 gr	Zinc	0.75 mg
Lactose		Cholesterol	0 mg	Phosphorus	109.38 mg
Vitamin A(IU)	0 NIU	Vitamin D	0 mcg	Thiamin	0.14 mg
Vitamin A(RE)		Vitamin E	0.09 NIU	Niacin	0.55 mg
Vitamin C	1.21 mg	Folate	105.89 mcg	Riboflavin	0.06 mg
Magnesium	38.36 mg	Vitamin B-6	0	Vitamin B-12	0 mcg