

American Roland Food Corp.
Roland Grilled Artichokes
GRILLED ARTICHOKEs



This product is a time saver for any chef looking for an attractive addition of grilled artichokes to their recipe.

Brand		Manufacturer		Product Category		
Roland		American Roland Food Corp.		Artichokes		
MFG #		GTIN		Pack	Pack Desc.	
31010		10041224310107		0	2/67 oz	
Gross Weight		Net Weight		Country of Origin		Kosher
9.00 lbs		8.38 lbs		Peru		
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
12.00 inches	7.75 inches	6.00 inches	0.32 cu ft	20x8	540	40.00 / 75.00 FAH

INGREDIENTS

Artichoke Hearts, Sunflower Oil, Salt, Garlic, Parsley, Wine Vinegar, Citric Acid, Lactic Acid, Ascorbic Acid.

HANDLING

Packed 2 trays per case, this product is shelf stable unopened for one year. After opening, the product must be refrigerated at 40 degrees F, and will remain usable for 4 to 5 days. Store sealed tightly and keep artichoke immersed in oil. A

SERVING

Roland Grilled Artichokes can be warmed and used as a side dish for any Mediterranean style entree, or added to an antipasto, or other creative artichoke appetizers.

PREP & COOKING

This product is ready to use from the tray and requires no further preparation. Sliced in half, or served whole these artichokes can be warmed to accompany an entree or used as an addition to antipasto.

Nutrition Facts

96 servings per container

Serving size 28gr

Amount Per Serving

Calories 30

% Daily Value*

Total Fat 2gr 3%

Saturated Fat 0.5gr 3%

Trans Fat 0gr 0%

Cholesterol 0mg 0%

Sodium 140mg 6%

Total Carbohydrate 2gr 1%

Dietary Fiber 2gr 6%

Total Sugars 0gr 0%

Includes 0 Added Sugars 0%

Protein 0gr

Vitamin D 0mcg 0%

Calcium 0 0%

Iron 1.7mg 10%

Potassium 0mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

ALLERGENS

Free From

Milk, Eggs, Fish, Crustacean, Tree Nuts, Peanuts, Nuts, Sesame, Soy

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NUTRITION ANALYSIS

Calories	30	Total Fat	2 gr	Sodium	140 mg
Protein	0 gr	Trans Fats	0 gr	Calcium	0
Total Carbohydrates	2 gr	Saturated Fat	0.5 gr	Iron	1.7 mg
Sugars	0 gr	TPolyunsaturated Fat	0	Potassium	0 mg
Dietary Fiber	2 gr	Monounsaturated Fat	0	Zinc	0
Lactose		Cholesterol	0 mg	Phosphorus	0
Vitamin A(IU)	0	Vitamin D	0 mcg	Thiamin	0
Vitamin A(RE)		Vitamin E	0	Niacin	0
Vitamin C	0	Folate	0	Riboflavin	0
Magnesium	0	Vitamin B-6	0	Vitamin B-12	0