



American Roland Food Corp
**Roland Marinated
Artichoke Hrts/Oil**
MARINATED ARTICHOKE HRTS



Roland Marinated Artichokes are delicious, low in cost and very distinctive. They have an appetizing color in a very attractive pack.

Brand		Manufacturer		Product Category		
Roland		American Roland Food Corp.		Artichokes		
MFG #		GTIN		Pack	Pack Desc.	
40870		10041224408705		0	6/88 oz	
Gross Weight		Net Weight		Country of Origin		Kosher
38.00 lbs		33.00 lbs		Spain		
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
18.75 inches	12.50 inches	6.25 inches	0.85 cu ft	7x8	1080	40.00 / 75.00 FAH

INGREDIENTS

Artichoke Hearts, Water, Sunflower Oil, Can Vinegar, Salt, Spices, Citric Acid And/or Ascorbic Acid.

HANDLING

Refrigerate after opening.

SERVING

Roland Marinated Artichoke Hearts may be used in salads, appetizers, dips, pizzas and antipasto. Serve warm.

PREP & COOKING

Use Roland Marinated Artichokes at room temperature.

Nutrition Facts

306 servings per container

Serving size 30gr

Amount Per Serving
Calories 15

% Daily Value*

Total Fat 1gr	1 %
Saturated Fat 0gr	2 %
Trans Fat 0gr	0 %
Cholesterol 0mg	0 %
Sodium 85mg	4 %
Total Carbohydrate 2gr	1 %
Dietary Fiber 1gr	3 %
Total Sugars 1gr	0 %
Includes 0 Added Sugars	0 %

Protein 1gr

Vitamin D 0mcg	0%
Calcium 7.8mg	0%
Iron 0.3mg	2%
Potassium 82mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

ALLERGENS

Free From

Milk, Eggs, Fish, Crustacean, Tree Nuts, Peanuts, Nuts, Sesame

Contains

Soy

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NUTRITION ANALYSIS

Calories	15	Total Fat	1 gr	Sodium	85 mg
Protein	1 gr	Trans Fats	0 gr	Calcium	7.8 mg
Total Carbohydrates	2 gr	Saturated Fat	0 gr	Iron	0.3 mg
Sugars	1 gr	TPolyunsaturated Fat	0	Potassium	82 mg
Dietary Fiber	1 gr	Monounsaturated Fat	0	Zinc	0
Lactose		Cholesterol	0 mg	Phosphorus	0
Vitamin A(IU)	0	Vitamin D	0 mcg	Thiamin	0
Vitamin A(RE)		Vitamin E	0	Niacin	0
Vitamin C	0	Folate	0	Riboflavin	0
Magnesium	0	Vitamin B-6	0	Vitamin B-12	0

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