



Frozen Lo-Mein noodle is made from bleached wheat flour, eggs, and other ingredients. This product is made from raw ingredients, must be fully cooked before eating.

Brand		Manufacturer		Product Category		
Golden Bowl		Wonton Food Inc.		Egg Noodles Shelf Stable		
MFG #		GTIN		Pack	Pack Desc.	
FLM		10043431003025		6	6/5 lbs	
Gross Weight	Net Weight	Country of Origin		Kosher	Child Nutrition	
31.00 lbs	30.00 lbs	United States of America				
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
15.50 inches	7.50 inches	9.88 inches	0.66 cu ft	15x4	365	-20.00 / 0.00 FAH

INGREDIENTS

Bleached Wheat Flour, Water, Pasteurized Liquid Eggs, Wheat Gluten, Corn Starch, Salt, Ascorbic Acid & Citric Acid As Anti-oxidant, Potassium Sorbate As A Preservative, Fd & C Yellow #5 & #6.contains: Wheat And Eggs

HANDLING

Keep frozen until used. The shelf life of the product is 6 months under frozen storage.

SERVING

Al-dente texture for stir-fry or crockpot.

PREP & COOKING

Raw. 5-10 mins in boiling water

Nutrition Facts

40 servings per container	
Serving size	2oz
Amount Per Serving	
Calories	160
% Daily Value*	
Total Fat 0.5gr	1%
Saturated Fat 0gr	0%
Trans Fat 0gr	0%
Cholesterol 0mg	0%
Sodium 260mg	11%
Total Carbohydrate 32gr	12%
Dietary Fiber 1gr	4%
Total Sugars 0gr	0%
Includes 0 Added Sugars	
Protein 7gr	

Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 0.6mg	4%
Potassium 65mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

ALLERGENS

Free From
Milk, Fish, Crustacean, Molluscs, Tree Nuts, Peanuts, Nuts, Sesame, Soy, Sulphites

Contains
Eggs

Wonton Food Inc.



NUTRITION ANALYSIS

Calories	160	Total Fat	0.5 gr	Sodium	260 mg
Protein	7 gr	Trans Fats	0 gr	Calcium	10 mg
Total Carbohydrates	32 gr	Saturated Fat	0 gr	Iron	0.6 mg
Sugars	0 gr	TPolyunsaturated Fat	0	Potassium	65 mg
Dietary Fiber	1 gr	Monounsaturated Fat	0	Zinc	0
Lactose		Cholesterol	0 mg	Phosphorus	0
Vitamin A(IU)	0	Vitamin D	0 mcg	Thiamin	0
Vitamin A(RE)		Vitamin E	0	Niacin	0
Vitamin C	0	Folate	0	Riboflavin	0
Magnesium	0	Vitamin B-6	0	Vitamin B-12	0

Product

Downloaded on June 16 2022 at 11:20:19 AM

information made available on this document
relating to product claims or representations are
expressly provided by the manufacturer who is
responsible for its completeness and accuracy.