



Conagra Brands

Chow Mein Noodles

La Choy Chow Mein Noodles are quick -cooked so they are light and crunchy.



With over 80 years of experience, the La Choy brand has been producing Asian products with only the highest quality ingredients. Add variety to your menu and excite your customers.

Brand		Manufacturer		Product Category		
La Choy		Conagra Brands		Chow Mein Canned		
MFG #		GTIN		Pack	Pack Desc.	
4430012620		10044300126203		0	6/24 oz	
Gross Weight	Net Weight	Country of Origin		Kosher	Child Nutrition	
13.45 lbs	9.00 lbs	United States of America		Yes		
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
18.75 inches	12.56 inches	7.31 inches	1.00 cu ft	8x6	360	50.00 / 85.00 FAH

INGREDIENTS

Enriched Wheat Flour (wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Palm Oil, Contains 2% Or Less Of: Salt, Yeast, Sugar. Contains Wheat.

HANDLING

Follow storage and usage instructions as printed on consumer packaging.

SERVING

Visit conagrafoods.com for serving suggestions and recipe ideas.

PREP & COOKING

Follow preparation instructions on package

Nutrition Facts

24 servings per container

Serving size 28gr

Amount Per Serving
Calories 130

% Daily Value*

Total Fat 5gr	6 %
Saturated Fat 1.5gr	8 %
Trans Fat 0gr	0%
Cholesterol 0mg	0 %
Sodium 250mg	11 %
Total Carbohydrate 19gr	7 %
Dietary Fiber 2gr	7 %
Total Sugars 0gr	0%
Includes 0 Added Sugars	0%
Protein 3gr	

Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 1.6mg	8%
Potassium 0mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

ALLERGENS

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UniPro
FOODSERVICE

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NUTRITION ANALYSIS

Calories	130	Total Fat	5 gr	Sodium	250 mg
Protein	3 gr	Trans Fats	0 gr	Calcium	0 mg
Total Carbohydrates	19 gr	Saturated Fat	1.5 gr	Iron	1.6 mg
Sugars	0 gr	TPolyunsaturated Fat	1.5 gr	Potassium	0 mg
Dietary Fiber	2 gr	Monounsaturated Fat	2 gr	Zinc	0
Lactose		Cholesterol	0 mg	Phosphorus	0
Vitamin A(IU)	0	Vitamin D	0 mcg	Thiamin	0
Vitamin A(RE)		Vitamin E	0	Niacin	0
Vitamin C	0	Folate	0	Riboflavin	0
Magnesium	0	Vitamin B-6	0	Vitamin B-12	0