



1131 W. Blackhawk St.
Chicago, IL 60642

National School Lunch & Breakfast Program

Product
Description

Uncle Ben's® Natural Whole Grain Brown Rice

UPC Code

0 54800 12111 3

Units Per Case

1

/

25

lb

Item Code

U12111

Meal Pattern Contribution

Portion Size	1/2 cup prepared
Meal Pattern	Creditable Amount
Grains (Oz. Equivalent)	1
Meat/Meat Alt. (Oz. Equivalent)	
Vegetables (Cups)	
Beans/Peas (Legumes)	

Comments

Meets the Definition of Whole
Grain Rich?

☒ Y ☐ N

Product Information

Nutrition Facts, serving size, and claims are based on FDA Regulations.

Portion size used in the calculation of Meal Pattern differs from FDA Serving Size.

Nutrition Facts		
Serving Size 1/4 cup dry (48g) (About 1 cup cooked)		
Servings Per Container About 236		
Amount Per Serving		
Calories 170	Calories from Fat 15	
% Daily Value*		
Total Fat 1.5g	2%	
Saturated Fat 0g	0%	
Trans Fat 0g		
Cholesterol 0mg	0%	
Sodium 0mg	0%	
Potassium 100mg	3%	
Total Carbohydrate 36g	12%	
Dietary Fiber 2g	8%	
Sugars 0g		
Protein 4g		
Vitamin A 0%	• Vitamin C 0%	
Calcium 0%	• Iron 2%	
Thiamin 10%	• Niacin 20%	
Folate 6%		
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:		
	Calories	2,000 2,500
Total Fat	Less Than	65g 80g
Saturated Fat	Less Than	20g 25g
Cholesterol	Less Than	300mg 300 mg
Sodium	Less Than	2,400mg 2,400mg
Potassium		3,500 mg 3,500 mg
Total Carbohydrate		300g 375g
Dietary Fiber		25g 30g
Calories per gram:		
Fat 9 • Carbohydrate 4 • Protein 4		

WHOLE GRAIN PARBOILED BROWN RICE.

Fat Free		Cholesterol Free	X
Low Fat	X	Low Cholesterol	
No Saturated Fat	X	Sodium Free	X
Low Saturated Fat		Very Low Sodium	
0g Trans Fat	X	Low Sodium	

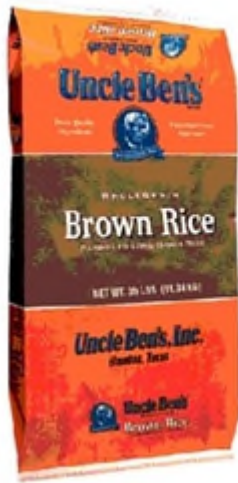
I certify that the above information is true and correct.

Peter Lu

Regulatory Affairs Manager

Date Signed:

6/1/2018



Mars Foodservice Uncle Bens Whole Grain Brown Rice 25 lb.

Item 12111