



ParExcellence
1067556095 - Par Excellence Parboiled Rice
Naturally low in fat & cholesterol.



* Benefits

Ingredients

Long grain parboiled rice enriched with iron (ferric phosphate), niacin,thiamine, mononitrate & folic acid

⚠ Allergens

Free From:

crustaceans

mollusks

eggs

fish

milk

peanuts

soy

tree nuts

wheat

Nutrition Facts

Servings per Container	482
Serving size	1cup (47g)
Amount per serving	
Calories	170
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 37g	13%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes	Added Sugars %
Protein 4g	
Vitamin D 0µg	0%
Calcium 0mg	0%
Iron 1.44mg	8%
Potassium 70mg	1%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

Store in cool dry area away from moisture.

Serving Suggestions

Serve as side dish or component in many entrees.

Prep & Cooking Suggestions

Bring water and rice to a boil; stir and reduce heat to medium low and simmer 20-25 minutes or until most of the water is absorbed.

✎ Product Specifications

Brand		Manufacturer		Product Category		
ParExcellence		Producers Rice Mill, Inc		Rice, White, Brown & Specialty		
MFG #		SPC #	GTIN		Pack	Pack Desc.
R1PX509Z0		1067556095	00072806056536		1	1/50 lbs
Gross Weight		Net Weight	Country of Origin		Kosher	Child Nutrition
51.15lb		50lb	USA		Yes	Yes
Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
11.5in	11.5in	11.31in	1495.75INQ	12x4	365DAYS	15°F / 85°F



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Premium long grain parboiled white rice with a maximum 4% broken kernels. Parboiled rice cooks ...

Nutrition Analysis - By Measure

Calories	170kcal	Total Fat	0g	Sodium	0mg
Protein	4g	Trans Fats	0g	Calcium	0mg
Total Carbohydrates...	37g	Saturated Fat	0g	Iron	1.44mg
Sugars	0g	Added Sugars		Potassium	70mg
Dietary Fiber	0g	Polyunsaturated Fat	0g	Zinc	0.48mg
Lactose		Monounsaturated Fat	0g	Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•	0µg	Vitamin D	0µg	Thiamin	0.23mg
Vitamin A(RE)		Vitamin E	0mg	Niacin	1.6mg
Vitamin C	0mg	Folate	60µg	Riboflavin	0.02mg
Magnesium	13mg	Vitamin B-6	0.21mg	Vitamin B-1 2•	0µg
Monosodium		Sulphites		Nitrates	

 Additional Images

