



SUNSWEET GROWERS, INC. **UniPro** FOODSERVICE

Prunes Pitted in Water 160/180

PRUNE, STEWED PITTED IN WATER 160-180
COUNT CANNED

Canned Pitted Prunes in Water

Brand		Manufacturer		Product Category		
SunSweet		SUNSWEET GROWERS, INC.		Prunes Pitted Canned		
MFG #		GTIN		Pack	Pack Desc.	
80276317100		10802763171006		6	6/#10 cans	
Gross Weight		Net Weight	Country of Origin		Kosher	Child Nutrition
47.50 lbs		41.50 lbs	United States of America		Yes	
Length	Width	Height	Volume	TLxHI	Shelf Life	Storage Temp From/To
18.60 inches	12.50 inches	7.50 inches	0.98 cu ft	8x5	730	32.00 / 95.00 FAH

INGREDIENTS

Pitted Prunes In Water

HANDLING

Dry before opening and refergerate after

SERVING

As a side dish at breakfast

PREP & COOKING

3-4 prunes every morning

Nutrition Facts

138 servings per container

Serving size 5.5

Amount Per Serving
Calories 150

% Daily Value*

Total Fat 0gr	0
Saturated Fat 0	0%
<i>Trans</i> Fat 0gr	0%
Cholesterol 0mg	0
Sodium 5mg	0.33
Total Carbohydrate 29gr	10.0
Dietary Fiber 3gr	12%
Total Sugars 13gr	
Includes 0 Added Sugars	%

Protein 1gr

Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 40mg	4%
Potassium 0	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

ALLERGENS

Free From

Milk, Eggs, Fish, Crustacean, Tree Nuts, Peanuts, Nuts, Sesame, Soy

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NUTRITION ANALYSIS

Calories	150	Total Fat	0 gr	Sodium	5 mg
Protein	1 gr	Trans Fats	0 gr	Calcium	20 mg
Total Carbohydrates	29 gr	Saturated Fat	0	Iron	40 mg
Sugars	13 gr	TPolyunsaturated Fat	0	Potassium	0
Dietary Fiber	3 gr	Monounsaturated Fat	0	Zinc	0
Lactose		Cholesterol	0 mg	Phosphorus	0
Vitamin A(IU)	233 NIU	Vitamin D	0 mcg	Thiamin	0
Vitamin A(RE)		Vitamin E	0	Niacin	0
Vitamin C	4.07 mg	Folate	0	Riboflavin	0
Magnesium	0	Vitamin B-6	0	Vitamin B-12	0

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