



Del Monte
Dm Mixed Fruit Els 105 Oz

Add a little sweetness to your day with these peaches, pears, and pineapple, picked at the peak of ripeness and packed in extra-light syrup. A fat-free snack with 1/3rd less calories than Mixed Fruit in Heavy Syrup!



* Benefits

Peaches, pears and grapes in extra light syrup
Picked and packed at the peak of ripeness
Naturally fresh taste

Ingredients

PEACHES, WATER, PEARS,
GRAPES, SUGAR, CITRIC ACID.

⚠ Allergens

Free From:

- crustaceans
- eggs
- fish
- milk
- wheat

Nutrition Facts

Servings per Container 24
Serving size 1/2CUP (126g)

Amount per serving
Calories 60

	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 5mg	0%
Total Carbohydrate 15g	5%
Dietary Fiber 1g	3%
Total Sugars 13g	
Includes 4g Added Sugar	8%
Protein 0g	
Vitamin D 0µg	0%
Calcium 7mg	0%
Iron 0mg	0%
Potassium 113mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

Refrigerate any unused portion in a separate, covered container.

Serving Suggestions

Serve at breakfast with yogurt, pancakes or in a smoothie. Good as a meal side or for dessert with cobbler or ice cream.

Prep & Cooking Suggestions

Ready to eat

📄 Product Specifications

Brand	Manufacturer	Product Category
Del Monte	Del Monte Foods Inc.	Fruit, Canned & Frozen

MFG #	SPC #	GTIN	Pack	Pack Desc.
2004733		00024000509653		/ / ea

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
119.2oz	105oz	USA	Yes	

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
6.19in	6.19in	7in	0.16ft3	8x7	1095DAYS	45°F / 110°F



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Peaches, pears and grapes in extra light syrup



Nutrition Analysis - By Serving

Calories	60kcal	Total Fat	0g	Sodium	5mg
Protein	0g	Trans Fats	0g	Calcium	7mg
Total Carbohydrates...	15g	Saturated Fat	0g	Iron	0mg
Sugars	13g	Added Sugars	4g	Potassium	113mg
Dietary Fiber	1g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•		Vitamin D	0µg	Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images

