

Chic Pea Flour

Lot # 208965

	Specs	Results
Microbiological		
Coliforms	< 1,000 cfu/g	
Mold/ Yeast	< 2,000 cfu/g	
Salmonella	Negative	
Physical		
Appearance		Ivory to Yellowish in Color
Flavor		Typical of Chickpea Flour
Foreign Materials		< 0.2%
Moisture		< 4%
Smell		No Off Odors

Nutrition Facts

about 1 Servings Per Container

Serving Size about 1/4 cup30 g

Amount Per Serving

Calories

120

%Daily Value *

Total Fat	2g	3%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	20mg	1%
Total Carbohydrate	17g	6%
Dietary Fiber	3g	12%
Total Sugars	3g	
Includes 0g Added Sugars		
Protein	6g	
Vitamin D	0mcg	0%
Calcium:	10mg	0%
Iron	1.5mg	8%
Potassium	260mg	8%

* The % Daily value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

Kosher : None

Ingredients / Allergen

CHICKPEA FLOUR (BESAN) IS LOW IN SATURATED FAT, CHOLESTEROL AND SODIUM. IT IS ALSO A GOOD SOURCE OF DIETARY FIBER, MAGNESIUM AND COPPER. MAKES A GREAT ACCENT TO CURRY DISHES.

INGREDIENTS: CHIC PEAS (GARBANZO BEANS)

Allergen Description	Present In	Presence In Factory	Used In Same Line
MILK (includes butter, buttermilk, casein, cheese, cottage cheese, curds, whey, malted milk, margarine, milk chocolate, sodium caseinate, sour cream, yogurt, custard, nougat)	No	Yes	Yes
EGGS (Includes mayonnaise, meringue, ovalbumin)	No	Yes	Yes
SOYBEANS (includes tofo, miso, soy-derived vegetable protein)	No	Yes	Yes
WHEAT (includes bran, bread crumbs, cereal extracts, cracker meal, farina, graham flour, wheat flour, wheat germ, wheat gluten, wheat starch, semolina)	No	Yes	Yes
PEANUTS (includes peanut butter, peanut flour, protein)	No	Yes	Yes
TREE NUTS (includes almond, Brazil, cashew, hazelnut, macadamia, pecan, pine, pistachio, walnut, chestnut)	No	Yes	Yes
FISH (any type)	No	Yes	No
CRUSTACEAN SHELL FISH (includes crab, lobster, shrimp)	No	No	No