



Roland Whole Baby Clams are perfect for a clam sauce, stuffing, clam cakes, chowder, soup and omelets. Their size and texture makes cooking fast and easy.

Brand		Manufacturer		Product Category		
Roland		American Roland Food Corp.		Clams		
MFG #		GTIN		Pack	Pack Desc.	
21204		10041224212043		0	24/10 oz	
Gross Weight		Net Weight	Country of Origin		Kosher	Child Nutrition
20.00 lbs		15.00 lbs	Thailand			
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
10.34 inches	8.00 inches	8.25 inches	0.40 cu ft	18x6	1080	40.00 / 75.00 FAH

INGREDIENTS

Baby Clams, Water, Salt, Sodium Acid Pyrophosphate, Citric Acid, Calcium Disodium Edta. Contains: Clams.

HANDLING

Shelf stable and can be stored in a dry or refrigerated place.

SERVING

Roland Whole Baby Clams are perfect in sauces, chowders and casseroles, plus they are a staple ingredient for pasta with clam sauce. Roland Baby Clams also form the basis for a "great" clam pizza.

PREP & COOKING

Roland Whole Baby Clams should be lightly rinsed before using. The clams are pre-cooked, and without shells. They are easily "chop down" to create diced or minced clams. As a precooked and soft product, they should be reheated briefly over moderate heat

Nutrition Facts

24 servings per container

Serving size 140gr

Amount Per Serving
Calories 90

% Daily Value*	
Total Fat 1.5gr	2 %
Saturated Fat 0.5gr	4 %
<i>Trans</i> Fat 0gr	%
Cholesterol 85mg	28 %
Sodium 540mg	24 %
Total Carbohydrate 4gr	1 %
Dietary Fiber 0gr	0 %
Total Sugars 0gr	%
Includes 0 Added Sugars	%

Protein 16gr

Vitamin D 0	0%
Calcium 0	6%
Iron 0	70%
Potassium 14mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

ALLERGENS

Free From

Milk, Eggs, Fish, Crustacean, Tree Nuts, Peanuts, Nuts, Sesame, Soy

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NUTRITION ANALYSIS

Calories	90	Total Fat	1.5 gr	Sodium	540 mg
Protein	16 gr	Trans Fats	0 gr	Calcium	0
Total Carbohydrates	4 gr	Saturated Fat	0.5 gr	Iron	0
Sugars	0 gr	TPolyunsaturated Fat	0	Potassium	14 mg
Dietary Fiber	0 gr	Monounsaturated Fat	0	Zinc	0
Lactose		Cholesterol	85 mg	Phosphorus	0
Vitamin A(IU)	0	Vitamin D	0	Thiamin	0
Vitamin A(RE)		Vitamin E	0	Niacin	0
Vitamin C	0	Folate	0	Riboflavin	0
Magnesium	0	Vitamin B-6	0	Vitamin B-12	0