

HOSPITALITY WHOLE GRAIN ENRICHED BRAN FLAKES



1037 State Street
Chester, IL 62233
618-826-2361

Nutrition Facts

Serving per container: 1 Bowl

Serving Size: 1 Bowl (28g)

Amount Per Serving

Calories: 90

		% Daily Value*
Total Fat:	1g	1%
Saturated Fat:	0g	0%
<i>Trans</i> Fat:	0g	
Polyunsaturated Fat:	0g	
Monounsaturated Fat:	0g	
Cholesterol:	0mg	0%
Sodium:	200mg	9%
Total Carbohydrate:	22g	8%
Dietary Fiber:	4g	16%
Total Sugars:	5g	
Includes 5g Added Sugars		9%
Protein:	3g	
Vitamin D:	1.6mcg	8%
Calcium:	0mg	1%
Iron:	14.4mg	80%
Potassium:	170mg	4%
Vitamin A:	300mcg RAE	35%
Vitamin C:	72mg	80%
Vitamin E:	12mg	80%
Thiamine:	mg	80%
Riboflavin:	1mg	80%
Niacin:	12.8mg	80%
Vitamin B6:	1.3mg	80%
Folate:	320mcg DFE	80%
(190mcg Folic Acid)		
Vitamin B12:	1.9mcg	80%
Pantothenic Acid:	4mg	80%
Phosphorus:	130mg	10%
Magnesium:	235mg	8%
Zinc:	8.8mg	80%
Copper:	0.1mg	8%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PRODUCT SPECIFICATIONS:

Brand	Pack	General Product Description	
Hospitality	96/1 oz.	Bran Flakes, Enriched, Whole Grain, Single Bowl	
MFG. Code	GTIN	UPC	
71923-76201	10071923762013	0 71923 77201 5	
Net Weight	Gross Weight	Country of Origin	Kosher
6 lbs.	8 lbs.	USA	Circle V Pareve
Shipping Information:			
Dimensions:	17.313 x 13.313 x 15.938	Cube:	2.126
TI x HI:	8 x 3	(TI = Amount on a Layer) (HI = Number of Layers High)	
Shelf Life:	365 Days from Date of Manufacture	Date Code:	Best By

Ingredients:

WHOLE GRAIN WHEAT, WHEAT BRAN, SUGAR, BROWN SUGAR SYRUP, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SALT, VITAMIN C (ASCORBIC ACID), BARLEY MALT EXTRACT, IRON (FERRIC ORTHOPHOSPHATE), VITAMIN E (ACETATE), PANTOTHENIC ACID, NIACINAMIDE, ZINC (ZINC OXIDE), VITAMIN B1 (THIAMINE MONONITRATE), VITAMIN A (PALMITATE), VITAMIN B6 (PYRIDOXINE HYDROCHLORIDE), VITAMIN B2 (RIBOFLAVIN), FOLIC ACID, VITAMIN B12 (CYANOCOBALAMIN), VITAMIN D (CHOLECALCIFEROL).

BHT ADDED TO PACKAGING TO HELP PRESERVE FRESHNESS.

Allergens:

Wheat

Benefits:

16g Whole Grain per serving

Ready to Eat Cereal

Add milk or enjoy right out of the bowl

Storage and Handling Suggestions:

50°F to 85°F with a target temperature of 70°F with humidity under 50%

