

Kellogg's Total Assortments Cereal Variety 1.02oz 72ct

Dot #: 434826
Mfr #: 3800022055
GTIN: 00038000220555
Supplier: Kellogg Company US
Description: Kellogg's Total Assortments Cereal Variety
1.02oz 72ct

Product Information

Classification: Cereals Products - Ready to Eat (Shelf Stable) (10000284)
Dimensions (HxWxD): 12.13 x 9.94 x 15.56 Inch
Weight Gross / Net: 8.4 Pound / 5.15 Pound
Origin: (US) UNITED STATES
Storage Temperature: 35° to 85°
Pallet Configuration: Ti:12 Hi:4

Features and Benefits (Case GTIN: 00038000220555)

Features: Kellogg's Total Assortments Breakfast Cereal Variety Pack features a star-studded lineup of nine delicious, healthy cereals; Packaged in individual serving size boxes, it's easy for everyone to grab their favorite and enjoy. Packaged as 72 individual boxes; Includes a lineup of healthy and delicious breakfast cereals; Kellogg's Rice Krispies, Froot Loops, Corn Flakes, Frosted Flakes, Mini-Wheats, Apple Jacks, Raisin Bran, and Special K, plus Kashi Heart to Heart.

Preparation and Cooking: Ready to Eat - Kellogg's Total Assortments Breakfast Cereal is ready to eat right out of the package

Serving Suggestions: Convenient, ready-to-eat cereal; Add milk or enjoy as a crunchy snack right out of the container

Storage: Dry



Features and Benefits (Consumer or Base GTIN: 00038000219290)

Features: Greet your morning with Kellogg's Corn Flakes Cereal, a delicious breakfast cereal that's simply made with simple ingredients. A classic, family-favorite cereal that's perfect for both kids and adults, Kellogg's Corn Flakes are made to enjoy by the bowlful. A good source of 7 vitamins and minerals, our cereal is a healthy, fat-free way to start your day. Individually-sized and conveniently packaged, Kellogg's Corn Flakes are an ideal companion for lunch boxes, after-school snacks, and busy, on-the-go moments. Just add your favorite dairy or nut-milk or enjoy as a crispy treat straight from the box.



Features and Benefits (Consumer or Base GTIN: 00038000219344)

Features: Bring a little magic to your mornings with the delicious taste of Kellogg's Rice Krispies Cereal. Made with crispy oven-toasted puffed rice cereal, Rice Krispies are a satisfying and healthy way to start your day. A good source of 11 vitamins and minerals, Rice Krispies are also fat-free. Crafted to help bring energy to your mornings, our crispy cold cereal makes for a tasty pick-me-up at school or work, as an afternoon bite, or late night treat. A travel-ready food, Rice Krispies are an ideal companion for lunchboxes, after-school snacks, and busy, on-the-go moments. Just add your favorite dairy or nut-milk or enjoy as a crispy treat straight from the box.

**Features and Benefits (Consumer or Base GTIN: 00038000219436)****Features:**

Wake up with Sunny and the simple goodness of Kellogg's Raisin Bran - a deliciously crafted, wholesome cereal that helps energize the start of your day. This healthy cereal is made with crispy, toasted bran flakes balanced with the satisfying taste of sweet raisins. Just as nutritious as it is delicious, this heart-healthy* breakfast cereal is low fat and contains an excellent source of fiber and essential vitamins and minerals to help you start your day off strong. Whether you enjoy your cereal at home, work, school or the gym, you'll love the convenient single serving that helps you make a deliciously satisfying snack wherever you go. Go ahead—pop the top, pour in your favorite milk, and enjoy a bowlful of Kellogg's Raisin Bran Cereal that lets you rise, shine and make the most of your day. * While many factors affect heart disease, diets low in saturated fat and cholesterol may reduce the risk of heart disease.

**Features and Benefits (Consumer or Base GTIN: 00038000219634)****Features:**

Start your day off right with Tony the Tiger and Kellogg's Frosted Flakes - a deliciously crafted cereal that helps you let your gr-r-reat out with every crunchy spoonful. Conveniently packaged for a scrumptious, fat-free start to your day, each yummy serving of crispy frosted corn flakes delivers a spark of sweetness in each and every bite. Each individually packaged box also contains 10 vitamins and minerals to energize your morning. Whether you enjoy a box at breakfast time, snack on it at school, or as an anytime treat, Kellogg's Frosted Flakes Cereal brings the sparkle with every mouthful.

**Features and Benefits (Consumer or Base GTIN: 00038000219740)****Features:**

A fun part of any complete breakfast and bursting with fruity flavor, Kellogg's Froot Loops is a delicious, sweetened cereal made with whole grains. An excellent source of 8 vitamins and minerals and a good source of fiber, Froot Loops is also low in fat. Made to help bring energy to your mornings, our colorful cold cereal makes for a tasty pick-me-up at school or work, as an afternoon bite, or late night treat. Individually-sized and conveniently packaged, Kellogg's Froot Loops are an ideal companion for lunch boxes, after-school snacks, and busy, on-the-go moments. Just add your favorite dairy or nut-milk or enjoy as a crispy treat straight from the box.

**Features and Benefits (Consumer or Base GTIN: 00038000219856)****Features:**

Start your day with Kellogg's Apple Jacks Cereal and the crunch of lightly sweetened multigrain O's with the flavor of crisp apples and cinnamon. A healthy, low-fat breakfast cereal made with three delicious grains, Apple Jacks is a good source of fiber, provides 11 grams of whole grain, and is an excellent source of 8 vitamins and minerals. Individually sized and conveniently packaged, Apple Jacks are an ideal companion for lunchboxes, after-school snacks, and busy, on-the-go moments. Just add your favorite dairy or nut-milk or enjoy as a crispy treat straight from the box.

**Features and Benefits (Consumer or Base GTIN: 00038000219931)****Features:**

Greet the day with Kellogg's Original Frosted Mini-Wheats - a wholesome, low fat breakfast cereal. The baked, bite-size biscuits feature crunchy layers made from 100% whole grain that have been frosted for the perfect amount of sweet flavor in every bite. With 29 grams of whole grain per serving, these tasty squares are not only delicious but also provide a good source of fiber. Not just for breakfast, Kellogg's Frosted Mini-Wheats cereal is a tasty and nutritious addition to any meal or snack any time. Enjoy as a well-deserved treat at the office, take in an afternoon pick-me-up, reenergize with a post-workout bite, and indulge in a late-night bowlful of sweet, crunchy cereal. You can also fill baggies with cereal to pack in lunch boxes or to take along for out-of-home

excursions like field trips, hikes, or sporting events - the delicious options are endless. Treat yourself to a bowlful of Kellogg's Frosted Mini-Wheats to help give you the energy for what lies ahead.



Features and Benefits (Consumer or Base GTIN: 00038000245824)

Features:

Start your day off right with the simple goodness of Special K Cereal Red Berries - a deliciously crafted, wholesome cereal that loves you back with each healthy spoonful. This filling cereal is bursting with real strawberries and made with lightly sweetened rice and wheat flakes to energize you for the day ahead. Just as nutritious as it is delicious, this breakfast cereal is made with whole grain, is a good source of fiber, and contains essential vitamins and minerals to help keep you going strong. Each portable cereal box lets you take a deliciously satisfying meal or snack with you wherever you go. Whether you enjoy your cereal at home, work, school or the gym, you'll love the convenient single serving. Go ahead—pour over your favorite milk, and enjoy a bowlful Kellogg's Special K Red Berries cereal that lets you feed your strength with each irresistible bite.

Nutritionals and Ingredients (Case GTIN: 00038000220555)

Information Not Available

Representation of label(s). The actual nutritional label(s) and ingredients may vary slightly

Nutrition Facts (Unprepared)	
1 Servings Per Container	
Serving Size	40 g
Amount Per Serving	
Calories	150
% Daily Value*	
Total Fat 2 g	3%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Polyunsaturated Fat 1 g	
Monounsaturated Fat 1 g	
Cholesterol 0 mg	0%
Sodium 65 mg	3%
Total Carbohydrate 32 g	12%
Dietary Fiber 5 g	17%
Soluble Fiber 1 g	
Insoluble Fiber 4 g	
Sugar 7 g	
Added Sugar 6 g	12%
Protein 4 g	3%
Vitamin D 0 µg	0%
Potassium 90 mg	2%
Calcium 10 mg	0%
Iron 1 mg	6%
Phosphorous	6%
Magnesium	6%
Zinc	8%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Nutrition Facts (Unprepared)	
Serving Size	100 g
Amount Per Serving	
Calories	364
% Daily Value*	
Total Fat 5.4 g	
Saturated Fat 0.9 g	0%
Trans Fat 0.0 g	
Polyunsaturated Fat 2.0 g	
Monounsaturated Fat 2.2 g	
Cholesterol 0 mg	
Sodium 162 mg	
Total Carbohydrate 80.7 g	
Dietary Fiber 12.1 g	
Soluble Fiber 2.3 g	

Insoluble Fiber 4 g
Sugar 16.6 g
Added Sugar 15.8 g
Protein 9.1 g
Vitamin D 0 µg
Potassium 248 mg
Calcium 33.1 mg
Iron 2.7 mg
Vitamin A 20 µg
Vitamin C 0 mg
Vitamin E 6 mg
Thiamin 0.33 mg
Riboflavin 0.11 mg
Vitamin B6 0.00 mg
Vitamin B12 0.0 µg
Phosphorous 211 mg
Magnesium 73 mg
Zinc 2.4 mg
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients:

Whole oat flour*, degerminated yellow cornmeal*, invert cane syrup*, oat fiber*, honey*, salt, expeller pressed canola oil*, natural flavor*, mixed tocopherols (vitamin E) for freshness.*Organic

Representation of label(s). The actual nutritional label(s) and ingredients may vary slightly

Nutrition Facts (Unprepared)	
Serving Size	23 g
Amount Per Serving	
Calories	80
% Daily Value*	
Total Fat 0 g	0%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 170 mg	7%
Total Carbohydrate 19 g	7%
Dietary Fiber 1 g	3%
Sugar 2 g	
Added Sugar 2 g	4%
Protein 1 g	
Vitamin D 1.6 µg	8%
Potassium 30 mg	0%
Calcium 0 mg	0%
Iron 6.5 mg	35%
Thiamin	15%
Riboflavin	15%
Vitamin B6	15%
Vitamin B12	15%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Nutrition Facts (Unprepared)	
Serving Size	100 g
Amount Per Serving	
Calories	362
% Daily Value*	
Total Fat 0.4 g	
Saturated Fat 0.1 g	
Trans Fat 0.0 g	
Polyunsaturated Fat 0.2 g	
Monounsaturated Fat 0.1 g	
Cholesterol 0 mg	
Sodium 719 mg	
Total Carbohydrate 84.7 g	
Dietary Fiber 3.3 g	
Soluble Fiber 0.0 g	
Insoluble Fiber 3.3 g	
Sugar 10.0 g	
Added Sugar 9.0 g	
Protein 6.1 g	

Vitamin D 7.1 µg	
Potassium 147 mg	
Calcium 5.6 mg	
Iron 28.6 mg	
Vitamin A 63 µg	
Vitamin C 0 mg	
Vitamin E 0 mg	
Thiamin 0.86 mg	
Riboflavin 0.93 mg	
Vitamin B6 1.21 mg	
Vitamin B12 1.7 µg	
Phosphorous 101 mg	
Magnesium 40 mg	
Zinc 1.0 mg	
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Ingredients:

Ingredients: Milled corn, sugar, malt flavor, contains 2% or less of salt. Vitamins and Minerals: Iron (ferric phosphate), niacinamide, vitamin B6 (pyridoxine hydrochloride), vitamin B2 (riboflavin), vitamin B1 (thiamin hydrochloride), folic acid, vitamin D3. vitamin B12.

Representation of label(s). The actual nutritional label(s) and ingredients may vary slightly

Nutrition Facts (Unprepared)	
1 Servings Per Container	
Serving Size	25 g
Amount Per Serving	
Calories	100
% Daily Value*	
Total Fat 0 g	0%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 125 mg	5%
Total Carbohydrate 22 g	8%
Dietary Fiber 0 g	0%
Sugar 3 g	
Added Sugar 3 g	6%
Protein 2 g	
Vitamin D 1.8 µg	8%
Potassium 20 mg	0%
Calcium 0 mg	0%
Iron 7 mg	35%
Thiamin	15%
Riboflavin	15%
Vitamin B6	15%
Vitamin B12	15%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Nutrition Facts (Unprepared)	
Serving Size	
	100 g
Amount Per Serving	
Calories	387
% Daily Value*	
Total Fat 0.6 g	
Saturated Fat 0.2 g	
Trans Fat 0.0 g	
Polyunsaturated Fat 0.2 g	
Monounsaturated Fat 0.2 g	
Cholesterol 0 mg	
Sodium 502 mg	
Total Carbohydrate 89.4 g	
Dietary Fiber 0.7 g	
Soluble Fiber 0.0 g	
Insoluble Fiber 0.7 g	
Sugar 10.8 g	
Added Sugar 10.5 g	

Protein 6.6 g
Vitamin D 7.5 µg
Potassium 90 mg
Calcium 9.5 mg
Iron 28.0 mg
Vitamin A 0 µg
Vitamin C 0 mg
Vitamin E 0 mg
Thiamin 0.90 mg
Riboflavin 0.98 mg
Vitamin B6 1.28 mg
Vitamin B12 1.8 µg
Phosphorous 123 mg
Magnesium 35 mg
Zinc 1.2 mg
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients:

Ingredients: Rice, sugar, contains 2% or less of salt, malt flavor.Vitamins and Minerals:
Iron (ferric phosphate), niacinamide, vitamin B6 (pyridoxine hydrochloride), vitamin B2 (riboflavin), vitamin B1 (thiamin hydrochloride), folic acid, vitamin D3, vitamin B12.

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Nutrition Facts (Unprepared)	
1 Servings Per Container	
Serving Size	43 g
Amount Per Serving	
Calories	140
% Daily Value*	
Total Fat 1 g	1%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 150 mg	7%
Total Carbohydrate 34 g	12%
Dietary Fiber 5 g	19%
Sugar 12 g	
Added Sugar 6 g	12%
Protein 3 g	
Vitamin D 0 µg	0%
Potassium 200 mg	4%
Calcium 10 mg	0%
Iron 1.3 mg	6%
Phosphorous	6%
Magnesium	10%
Zinc	6%
Selenium	6%
Copper	10%
Manganese	50%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Nutrition Facts (Unprepared)	
Serving Size	100 g
Amount Per Serving	
Calories	325
% Daily Value*	
Total Fat 1.9 g	
Saturated Fat 0.4 g	
Trans Fat 0.0 g	
Polyunsaturated Fat 0.9 g	
Monounsaturated Fat 0.3 g	
Cholesterol 0 mg	
Sodium 340 mg	
Total Carbohydrate 79.7 g	
Dietary Fiber 12.3 g	
Soluble Fiber 1.4 g	
Insoluble Fiber 10.1 g	

Sugar 28.6 g
Added Sugar 15.0 g
Protein 7.9 g
Vitamin D 0.0 µg
Potassium 478 mg
Calcium 37.2 mg
Iron 3.1 mg
Vitamin A 3 µg
Vitamin C 1 mg
Vitamin E 0 mg
Thiamin 0.20 mg
Riboflavin 0.17 mg
Vitamin B6 0.29 mg
Vitamin B12 0.0 µg
Phosphorous 212 mg
Magnesium 107 mg
Zinc 1.9 mg
Selenium 9.3 µg
Copper 0.31 mg
Manganese 3.12 mg
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients:

Ingredients: Whole grain wheat, raisins, wheat bran, sugar, brown sugar syrup.Contains 2% or less of malt flavor, salt.

Representation of label(s). The actual nutritional label(s) and ingredients may vary slightly

Nutrition Facts (Unprepared)	
1 Servings Per Container	
Serving Size	34 g
Amount Per Serving	
Calories	120
% Daily Value*	
Total Fat 0 g	0%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 170 mg	7%
Total Carbohydrate 30 g	11%
Dietary Fiber 1 g	3%
Sugar 11 g	
Added Sugar 11 g	22%
Protein 1 g	
Vitamin D 1.8 µg	8%
Potassium 30 mg	0%
Calcium 0 mg	0%
Iron 6.6 mg	35%
Thiamin	15%
Riboflavin	15%
Vitamin B6	15%
Vitamin B12	15%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Nutrition Facts (Unprepared)	
Serving Size	
	100 g
Amount Per Serving	
Calories	364
% Daily Value*	
Total Fat 0.3 g	
Saturated Fat 0.0 g	
Trans Fat 0.0 g	
Polyunsaturated Fat 0.2 g	
Monounsaturated Fat 0.1 g	
Cholesterol 0 mg	
Sodium 508 mg	
Total Carbohydrate 88.4 g	
Dietary Fiber 2.9 g	
Soluble Fiber 1.1 g	
Insoluble Fiber 1.8 g	
Sugar 33.0 g	
Added Sugar 32.3 g	

Protein 4.3 g	
Vitamin D 5.4 µg	
Potassium 104 mg	
Calcium 4.2 mg	
Iron 19.5 mg	
Vitamin A 45 µg	
Vitamin C 0 mg	
Vitamin E 0 mg	
Thiamin 0.65 mg	
Riboflavin 0.70 mg	
Vitamin B6 0.92 mg	
Vitamin B12 1.3 µg	
Phosphorous 73 mg	
Magnesium 28 mg	
Zinc 0.7 mg	
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Ingredients:

Milled corn, sugar, malt flavor, contains 2% or less of salt.Vitamins and Minerals: Iron (ferric phosphate), niacinamide, vitamin B6 (pyridoxine hydrochloride), vitamin B2 (riboflavin), vitamin B1 (thiamin hydrochloride), folic acid, vitamin D3, vitamin B12.

Representation of label(s). The actual nutritional label(s) and ingredients may vary slightly

Nutrition Facts (Unprepared)	
1 Servings Per Container	
Serving Size	27 g
Amount Per Serving	
Calories	100
% Daily Value*	
Total Fat 1 g	1%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 140 mg	6%
Total Carbohydrate 24 g	9%
Dietary Fiber 2 g	5%
Sugar 8 g	
Added Sugar 8 g	16%
Protein 2 g	
Vitamin D 1.3 µg	6%
Potassium 40 mg	0%
Calcium 0 mg	0%
Iron 3.1 mg	15%
Vitamin C	15%
Thiamin	10%
Riboflavin	10%
Vitamin B6	10%
Vitamin B12	10%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Nutrition Facts (Unprepared)	
Serving Size	100 g
Amount Per Serving	
Calories	374
% Daily Value*	
Total Fat 3.8 g	
Saturated Fat 1.9 g	
Trans Fat 0.0 g	
Polyunsaturated Fat 1.1 g	
Monounsaturated Fat 0.6 g	
Cholesterol 0 mg	
Sodium 529 mg	
Total Carbohydrate 87.5 g	
Dietary Fiber 5.7 g	
Soluble Fiber 1.2 g	
Insoluble Fiber 4.4 g	
Sugar 31.3 g	

Added Sugar 30.7 g
Protein 5.7 g
Vitamin D 5.1 µg
Potassium 155 mg
Calcium 12.5 mg
Iron 11.5 mg
Vitamin A 28 µg
Vitamin C 58 mg
Vitamin E 0 mg
Thiamin 0.62 mg
Riboflavin 0.67 mg
Vitamin B6 0.87 mg
Vitamin B12 1.2 µg
Phosphorous 91 mg
Magnesium 56 mg
Zinc 0.6 mg
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients:

Ingredients: Corn flour blend (whole grain yellow corn flour, degerminated yellow corn flour), sugar, wheat flour, whole grain oat flour, modified food starch, contains 2% or less of vegetable oil (hydrogenated coconut, soybean and/or cottonseed), oat fiber, maltodextrin, salt, soluble corn fiber, natural flavor, red 40, yellow 5, blue 1, yellow 6, BHT for freshness. Vitamins and Minerals: Vitamin C (ascorbic acid), reduced iron, niacinamide, vitamin B6 (pyridoxine hydrochloride), vitamin B2 (riboflavin), vitamin B1 (thiamin hydrochloride), folic acid, vitamin D3, vitamin B12.

Representation of label(s). The actual nutritional label(s) and ingredients may vary slightly

Nutrition Facts (Unprepared)	
1 Servings Per Container	
Serving Size	27 g
Amount Per Serving	
Calories	100
% Daily Value*	
Total Fat 1 g	1%
Saturated Fat 0.5 g	3%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 140 mg	6%
Total Carbohydrate 24 g	9%
Dietary Fiber 1 g	5%
Sugar 9 g	
Added Sugar 9 g	18%
Protein 1 g	
Vitamin D 1.3 µg	6%
Potassium 40 mg	0%
Calcium 0 mg	0%
Iron 3.1 mg	15%
Thiamin	10%
Riboflavin	10%
Vitamin B6	10%
Vitamin B12	10%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Nutrition Facts (Unprepared)	
Serving Size	
	100 g
Amount Per Serving	
Calories	376
% Daily Value*	
Total Fat 3.8 g	
Saturated Fat 1.9 g	
Trans Fat 0.0 g	
Polyunsaturated Fat 1.1 g	
Monounsaturated Fat 0.7 g	
Cholesterol 0 mg	
Sodium 529 mg	
Total Carbohydrate 87.7 g	
Dietary Fiber 5.6 g	
Soluble Fiber 1.2 g	
Insoluble Fiber 4.3 g	
Sugar 34.4 g	
Added Sugar 33.8 g	

Protein 5.5 g
Vitamin D 5.1 µg
Potassium 150 mg
Calcium 13.5 mg
Iron 11.5 mg
Vitamin A 26 µg
Vitamin C 0 mg
Vitamin E 0 mg
Thiamin 0.62 mg
Riboflavin 0.67 mg
Vitamin B6 0.87 mg
Vitamin B12 1.2 µg
Phosphorous 87 mg
Magnesium 54 mg
Zinc 0.6 mg

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients:

Ingredients: Corn flour blend (whole grain yellow corn flour, degerminated yellow corn flour), sugar, wheat flour, whole grain oat flour, modified food starch, contains 2% or less of vegetable oil (hydrogenated coconut, soybean and/or cottonseed), oat fiber, salt, soluble corn fiber, degerminated yellow corn flour, dried apples, apple juice concentrate, cornstarch, cinnamon, natural flavor, modified corn starch, yellow 6, wheat starch, baking soda, yellow 5, red 40, blue 1, BHT for freshness.Vitamins and Minerals: Reduced iron, niacinamide, vitamin B6 (pyridoxine hydrochloride), vitamin B2 (riboflavin), vitamin B1 (thiamin hydrochloride), folic acid, vitamin D3, vitamin B12.

Representation of label(s). The actual nutritional label(s) and ingredients may vary slightly

Nutrition Facts (Unprepared)	
1 Servings Per Container	
Serving Size	37 g
Amount Per Serving	
Calories	130
% Daily Value*	
Total Fat 1 g	1%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 5 mg	0%
Total Carbohydrate 31 g	11%
Dietary Fiber 4 g	13%
Soluble Fiber 1 g	
Insoluble Fiber 3 g	
Sugar 8 g	
Added Sugar 7 g	14%
Protein 3 g	
Vitamin D 0 µg	0%
Potassium 90 mg	2%
Calcium 0 mg	0%
Iron 11.1 mg	60%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Nutrition Facts (Unprepared)	
Serving Size	100 g
Amount Per Serving	
Calories	353
% Daily Value*	
Total Fat 2.2 g	
Saturated Fat 0.4 g	
Trans Fat 0.0 g	
Polyunsaturated Fat 1.4 g	
Monounsaturated Fat 0.4 g	
Cholesterol 0 mg	
Sodium 17 mg	
Total Carbohydrate 84.4 g	
Dietary Fiber 9.7 g	
Soluble Fiber 1.3 g	
Insoluble Fiber 8.4 g	
Sugar 20.8 g	
Added Sugar 20.1 g	
Protein 8.0 g	

Vitamin D 0.0 µg	
Potassium 270 mg	
Calcium 15.1 mg	
Iron 30.0 mg	
Vitamin A 0 µg	
Vitamin C 0 mg	
Vitamin E 1 mg	
Thiamin 0.20 mg	
Riboflavin 0.09 mg	
Vitamin B6 0.30 mg	
Vitamin B12 0.0 µg	
Phosphorous 208 mg	
Magnesium 70 mg	
Zinc 1.8 mg	
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Ingredients: Ingredients: Whole grain wheat, sugar, contains 2% or less of brown rice syrup, gelatin, BHT for freshness. Vitamins and Minerals: Reduced iron, folic acid.

Representation of label(s). The actual nutritional label(s) and ingredients may vary slightly

Nutrition Facts (Unprepared)	
1 Servings Per Container	
Serving Size	33 g
Amount Per Serving	
Calories	120
% Daily Value*	
Total Fat 0 g	0%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Polyunsaturated Fat 0 g	
Monounsaturated Fat 0 g	
Cholesterol 0 mg	0%
Sodium 210 mg	9%
Total Carbohydrate 28 g	10%
Dietary Fiber 2 g	9%
Sugar 10 g	
Added Sugar 9 g	18%
Protein 2 g	
Vitamin D 1.6 µg	8%
Potassium 60 mg	0%
Calcium 0 mg	0%
Iron 9.1 mg	50%
Vitamin A	8%
Vitamin C	8%
Vitamin E	8%
Thiamin	15%
Riboflavin	15%
Vitamin B6	15%
Vitamin B12	15%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Nutrition Facts (Unprepared)	
Serving Size	100 g
Amount Per Serving	
Calories	361
% Daily Value*	
Total Fat 1.5 g	
Saturated Fat 0.3 g	
Trans Fat 0.0 g	
Polyunsaturated Fat 0.6 g	
Monounsaturated Fat 0.2 g	
Cholesterol 0 mg	
Sodium 629 mg	
Total Carbohydrate 85.9 g	

Dietary Fiber 7.5 g
Soluble Fiber 3.0 g
Insoluble Fiber 4.5 g
Sugar 28.9 g
Added Sugar 26.1 g
Protein 7.1 g
Vitamin D 5 µg
Potassium 212 mg
Calcium 29.3 mg
Iron 27.7 mg
Vitamin A 231 µg
Vitamin C 23 mg
Vitamin E 4 mg
Thiamin 0.62 mg
Riboflavin 0.67 mg
Vitamin B6 0.87 mg
Vitamin B12 1.2 µg
Phosphorous 206 mg
Magnesium 62 mg
Zinc 1.6 mg
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients:

Whole grain wheat, rice, sugar, freeze-dried strawberries, wheat bran, contains 2% or less of brown sugar syrup, salt, malt flavor. Vitamins and Minerals: Vitamin C (ascorbic acid), reduced iron, vitamin E acetate, niacinamide, beta-carotene, vitamin B6 (pyridoxine hydrochloride), vitamin B1 (thiamin hydrochloride), vitamin B2 (riboflavin), folic acid, vitamin D3, vitamin B12.

Allergens and Diet (Case GTIN: 00038000220555)

Representation of allergens and dietary claims. The actual allergens and dietary claims may vary slightly.

Allergen Values (FDA)

Allergens and Diet (Consumer or Base GTIN: 00018627349334)

Representation of allergens and dietary claims. The actual allergens and dietary claims may vary slightly.

Allergen Values (FDA)

Contains: Does Not Contain Declaration

Suitable For Diet

Kosher Yes

Organic Organic (at least 95% by weight)

Vegetarian Yes

Allergens and Diet (Consumer or Base GTIN: 00038000219290)

Representation of allergens and dietary claims. The actual allergens and dietary claims may vary slightly.

Allergen Values (FDA)

May Contain: Soy

Suitable For Diet

Kosher Yes

Allergens and Diet (Consumer or Base GTIN: 00038000219344)

Representation of allergens and dietary claims. The actual allergens and dietary claims may vary slightly.

Allergen Values (FDA)

Contains: Does Not Contain Declaration

Suitable For Diet

Kosher Yes

Allergens and Diet (Consumer or Base GTIN: 00038000219436)

Representation of allergens and dietary claims. The actual allergens and dietary claims may vary slightly.

Allergen Values (FDA)

Suitable For Diet

Contains: Wheat

Kosher Yes

Allergens and Diet (Consumer or Base GTIN: 00038000219634)

Representation of allergens and dietary claims. The actual allergens and dietary claims may vary slightly.

Allergen Values (FDA)

Suitable For Diet

Contains: Does Not Contain Declaration

Kosher Yes

Allergens and Diet (Consumer or Base GTIN: 00038000219740)

Representation of allergens and dietary claims. The actual allergens and dietary claims may vary slightly.

Allergen Values (FDA)

Suitable For Diet

Contains: Wheat

Kosher Yes

Allergens and Diet (Consumer or Base GTIN: 00038000219856)

Representation of allergens and dietary claims. The actual allergens and dietary claims may vary slightly.

Allergen Values (FDA)

Suitable For Diet

Contains: Wheat

Kosher Yes

Allergens and Diet (Consumer or Base GTIN: 00038000219931)

Representation of allergens and dietary claims. The actual allergens and dietary claims may vary slightly.

Allergen Values (FDA)

Contains: Wheat

Allergens and Diet (Consumer or Base GTIN: 00038000245824)

Representation of allergens and dietary claims. The actual allergens and dietary claims may vary slightly.

Allergen Values (FDA)

Suitable For Diet

Contains: Wheat

Kosher Yes