



American Roland Food Corp. **UniPro**
FOODSERVICE
Mc Cann's Steel Cut
Oats/Oatmeal
MC CANN'S STEEL CUT OATS/OATMEAL

McCann's Steel Cut Oats are known worldwide. Oatmeal is a low saturated fat, sodium free, cholesterol free food and a good source of fiber. It provides a healthy breakfast alternative.

Brand		Manufacturer		Product Category		
McCanns		American Roland Food Corp.		Oatmeal Bulk		
MFG #		GTIN		Pack	Pack Desc.	
72055		10041224720555		0		
Gross Weight		Net Weight		Country of Origin		Kosher
27.00 lbs		22.50 lbs		Ireland		Yes
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
17.00 inches	13.00 inches	7.00 inches	0.90 cu ft	8x7	720	40.00 / 75.00 FAH

INGREDIENTS

100% Whole Grain Irish Oats.

HANDLING

Product is shelf stable. Refrigerate after opening.

SERVING

McCann's Irish oatmeal is served at brunches and breakfast. Holds up well on the buffet table. Add milk or cream if desired. Mix in brown sugar, fruit, or butter.

PREP & COOKING

Bring water and salt(optional) to a boil. Stir in oats. Simmer uncovered over low heat for about 30 minutes, to desired consistency, stirring occasionally. Remove from heat and allow to stand 1 minute before serving.

Nutrition Facts

252 servings per container

Serving size 40gr

Amount Per Serving
Calories 150

% Daily Value*

Total Fat 2.5gr	3 %
Saturated Fat 0.5gr	2 %
Trans Fat 0gr	0%
Cholesterol 0mg	0 %
Sodium 0mg	0 %
Total Carbohydrate 27gr	9 %
Dietary Fiber 3gr	10 %
Total Sugars 1gr	
Includes 0 Added Sugars	0%

Protein 4gr

Vitamin D 0	0%
Calcium 0	2%
Iron 0	8%
Potassium 0	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

ALLERGENS

Free From

Milk, Eggs, Fish, Crustacean, Tree Nuts, Peanuts, Nuts, Sesame, Soy

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NUTRITION ANALYSIS

Calories	150	Total Fat	2.5 gr	Sodium	0 mg
Protein	4 gr	Trans Fats	0 gr	Calcium	0
Total Carbohydrates	27 gr	Saturated Fat	0.5 gr	Iron	0
Sugars	1 gr	TPolyunsaturated Fat	0	Potassium	0
Dietary Fiber	3 gr	Monounsaturated Fat	0	Zinc	0
Lactose		Cholesterol	0 mg	Phosphorus	0
Vitamin A(IU)	0	Vitamin D	0	Thiamin	0
Vitamin A(RE)		Vitamin E	0	Niacin	0
Vitamin C	0	Folate	0	Riboflavin	0
Magnesium	0	Vitamin B-6	0	Vitamin B-12	0

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