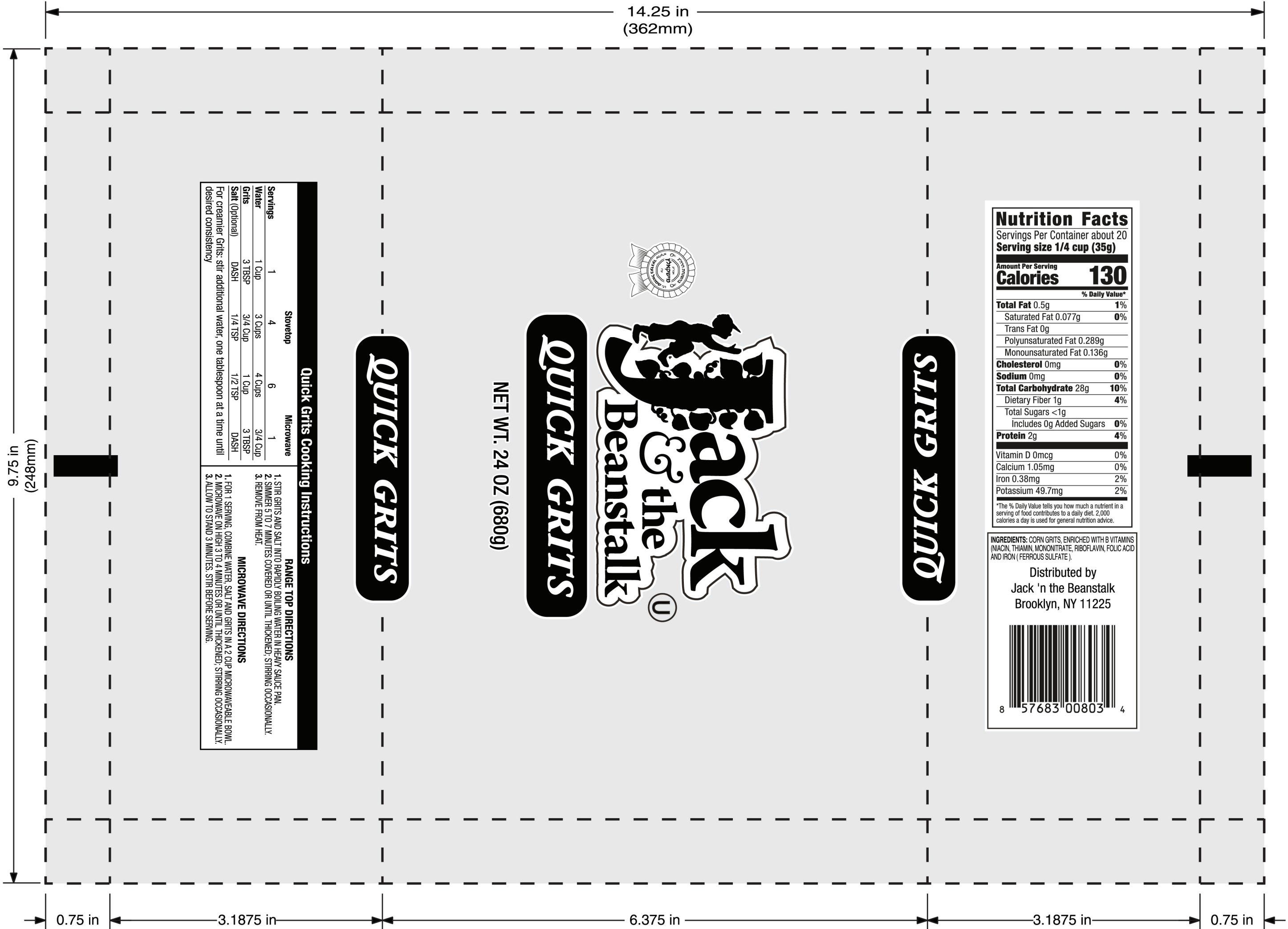




14.25 in
(362mm)

9.75 in
(248mm)

0.75 in

3.1875 in

6.375 in

3.1875 in

0.75 in

ID- JackThe Beanstalk Corn Grits 24oz (680g) (362 X 248)



BLACK



White



WINDOW

Nutrition Facts

Servings Per Container about 20
Serving size 1/4 cup (35g)

Amount Per Serving
Calories 130

% Daily Value*

Total Fat 0.5g **1%**

Saturated Fat 0.077g **0%**

Trans Fat 0g

Polyunsaturated Fat 0.289g

Monounsaturated Fat 0.136g

Cholesterol 0mg **0%**

Sodium 0mg **0%**

Total Carbohydrate 28g **10%**

Dietary Fiber 1g **4%**

Total Sugars <1g

Includes 0g Added Sugars **0%**

Protein 2g **4%**

Vitamin D 0mcg 0%

Calcium 1.05mg 0%

Iron 0.38mg 2%

Potassium 49.7mg 2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: CORN GRITS, ENRICHED WITH B VITAMINS (NIAIN, THIAMIN, MONONITRATE, RIBOFLAVIN, FOLIC ACID AND IRON (FERROUS SULFATE).

Distributed by
Jack 'n the Beanstalk
Brooklyn, NY 11225

