



GENERAL MILLS
Convenience
& Foodservice



Cocoa Puffs™ Cereal 25% Less Sugar Single Serve K12 2oz Eqt Grain

UPC: 016000148857

Information Accurate as of: **February 19, 2021**

DESCRIPTION

Your favorite Cocoa Puffs™ taste with 25% less sugar. Enjoy, the naturally flavored, reduced sugar, frosted corn puff cereal with real cocoa. This ready-to-eat cup provides convenient portion control and room for milk. Whole Grain Corn first ingredient. Meets 2 ounce equivalent grains and USDA Smart Snack criteria.

Case GTIN: **10016000148854**

Unit Weight: **2 OZ**

Units per case: **60**

Nutrition Facts

1 Container (56g)
Serving Size

Calories
per serving **230**

Amount/serving	% Daily Value**	Amount/serving	% Daily Value**
Total Fat 2.5g	3%	Sodium 220mg	10%
Saturated Fat 0g	0%	Total Carbohydrate 47g	17%
Trans Fat 0g		Dietary Fiber 3g	12%
Cholesterol 0mg	0%	Total Sugars 15g	
		Includes 15g Added Sugars	29%
		Protein 3g	
Vitamin D 15%	• Calcium 15%	• Iron 30%	
Potassium 4%	• Vitamin A 15%	• Vitamin C 15%	
Thiamin 30%	• Riboflavin 15%	• Niacin 15%	
Vitamin B6 30%	• Folate 30%	• (70mcg Folic Acid) 30%	
Vitamin B12 30%	• Zinc 30%		

**The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

*Not a significant nutrient source

Nutrition Facts

Calories
Approx Per 100g **400**

Amount/100g	% Daily Value**	Amount/100g	% Daily Value**
Total Fat 5g		Sodium 400mg	
Saturated Fat 1g		Total Carbohydrate 84g	
Trans Fat 0g		Dietary Fiber 6g	
Cholesterol 0mg		Total Sugars 27g	
		Includes 27g Added Sugars	
		Protein 6g	
Vitamin D • Calcium		• Iron	
Potassium • Vitamin A		• Vitamin C	
Thiamin • Riboflavin		• Niacin	
Vitamin B6 • Folate		• (125mcg Folic Acid)	
Vitamin B12 • Zinc			

**The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

*Not a significant nutrient source

INGREDIENTS & ALLERGENS: Whole Grain Corn, Sugar, Corn Meal, Corn Syrup, Cocoa Processed With Alkali, Canola Oil, Caramel Color, Salt, Fructose, Refiner's Syrup, Baking Soda, Natural Flavor. Vitamins and Minerals: Tricalcium Phosphate, Calcium Carbonate, Vitamin C (sodium ascorbate), Iron and Zinc (mineral nutrients), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), Vitamin B2 (riboflavin), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

KOSHER APPROVAL: OU

Nutritional information is subject to change. See product label to verify ingredients and allergens. Do not eat raw dough or batter.

This product profile is correct through the date above. Because product formulations and related product attributes may change, this information is subject to change. Search results are based on the system information available. Nutritional information is subject to change. See product label on package to verify ingredients and allergens.