



GENERAL MILLS SALES INC.

Corn Chex(Tm) Cereal Single Serve Bowlpak 1 Oz



A whole grain corn, gluten-free cereal oven toasted and in a single serve 1 oz bowl for convenient, portion control. For crediting in USDA Child Nutrition Programs: 1 ounce equivalent grain, whole grain-rich criteria, USDA Smart Snacks criteria, and CACFP eligible.

Brand	Manufacturer	Product Category
Chex	GENERAL MILLS SALES INC.	Cold Cereal Single Serve

MFG #	GTIN	Pack	Pack Desc.
16000-33213	10016000332130	96	96/1 oz

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
9.80 lbs	6.00 lbs	United States of America	Yes	No

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
16.75 inches	13.00 inches	18.62 inches	2.35 cu ft	9x5	312	32.00 / 95.00 FAH

INGREDIENTS

Whole Grain Corn, Corn Meal, Sugar, Corn Starch, Salt, Baking Soda. Vitamin E (mixed Tocopherols) Added To Preserve Freshness. Vitamins And Minerals: Calcium Carbonate, Iron And Zinc (mineral Nutrients), Vitamin C (sodium Ascorbate), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine Hydrochloride), Vitamin B1 (thiamin Mononitrate), Vitamin A (palmitate), Vitamin B2 (riboflavin), A B Vitamin (folic Acid), Vitamin B12, Vitamin D3.

HANDLING

Store in cool dry location.

SERVING

1 bowl

PREP & COOKING

Ready To Eat

Nutrition Facts

96 servings per container

Serving size 28gr

Amount Per Serving

Calories 100

% Daily Value*

Total Fat 0.5gr 1%

Saturated Fat 0gr 0%

Trans Fat 0gr

Cholesterol 0mg 0%

Sodium 200mg 9%

Total Carbohydrate 24gr 9%

Dietary Fiber 1gr 5%

Total Sugars 3gr

Includes 3 Added Sugars %

Protein 2gr

Vitamin D 1.2mcg 6%

Calcium 80mg 6%

Iron 9mg 40%

Potassium 0mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

ALLERGENS



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UniPro
FOODSERVICE

NUTRITION ANALYSIS

Calories	100	Total Fat	0.5 gr	Sodium	200 mg
Protein	2 gr	Trans Fats	0 gr	Calcium	80 mg
Total Carbohydrates	24 gr	Saturated Fat	0 gr	Iron	9 mg
Sugars	3 gr	TPolyunsaturated Fat	0 gr	Potassium	0 mg
Dietary Fiber	1 gr	Monounsaturated Fat	0 gr	Zinc	1.9 mg
Lactose		Cholesterol	0 mg	Phosphorus	40 mg
Vitamin A(IU)	90 mcg	Vitamin D	1.2 mcg	Thiamin	0.2 mg
Vitamin A(RE)		Vitamin E	0	Niacin	0
Vitamin C	8 mcg	Folate	65 mcg	Riboflavin	0.1 mg
Magnesium	15 mg	Vitamin B-6	0.4 mg	Vitamin B-12	0.4 mcg