



Honey Cheerios™ Cereal Single Serve Bowlpak 1 oz

Sweetened with a touch of real honey, whole grain cereal in ring shaped cereal in a bowlpak format. Gluten-free. Whole grain oats - first ingredient. In a ready-to-eat bowl for convenient, single serve portion control. For USDA Child Nutrition Programs: meets 1 ounce equivalent grain, whole grain-rich criteria, USDA Smart Snacks criteria, and is CACFP eligible.



Product Information:

PRODUCT CODE:	18447000
UPC:	16000184473
GTIN:	10016000184470
UNIT SIZE:	1
CASE COUNT:	96
ATTRIBUTES:	Kosher
	No Artificial Colors
	No Artificial Flavors
	1 oz. Eq. Grain
	Whole Grain
	No Gelatin
	Smart Snacks Compliant
	No High Fructose Corn Syrup
	Gluten Free
	CACFP eligible

Ingredients & Allergens

Ingredients: Whole Grain Oats, Sugar, Corn Starch, Honey, Brown Sugar Syrup, Salt, Tripotassium Phosphate, Canola and/or Sunflower Oil, Natural Flavor. Vitamin E (mixed tocopherols) Added to Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Vitamin C (sodium ascorbate), Iron and Zinc (mineral nutrients), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), Vitamin B2 (riboflavin), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

Does Not Contain Obligatory Allergens

Preparation Instructions

Ready to eat

Package Information:

NET WEIGHT:	N/A
VOLUME:	2.3 CF
HEIGHT:	18.6

LENGTH:	16.8
WIDTH:	96
CASE SIZE:	13

Nutrition Facts

Serving Size			1 Bowl (28g)	100g
Calories			As Packaged 110	As Packaged 380
			% DV	% DV
Total Fat	1.5g	2%	6g	
Saturated Fat	0g	0%	2g	
Trans Fat	0g		0g	
Cholesterol	0mg	0%	0mg	
Sodium	170mg	7%	600mg	
Total Carbohydrate	22g	8%	78g	
Dietary Fiber	2g	9%	9g	
Soluble Fiber	1g		4g	
Total Sugars	6g		22g	
Incl. Added Sugars	6g	12%	21g	
Protein	3g		10g	
Vitamin D	1.2mcg	6%	5mcg	
Calcium	80mg	6%	350mg	
Iron	2.7mg	15%	10mg	
Potassium	130mg	2%	470mg	
Vitamin A		6%	1181IU	
Vitamin C		6%	24mg	
Thiamin		15%	1mg	
Riboflavin		6%	0mg	
Niacin		6%	4mg	
Vitamin B6		15%	1mg	
Folate		15%	215mcg	
Folic Acid	35mcg		125mcg	
Vitamin B12		15%	1mcg	
Phosphorus		8%	360mg	
Magnesium		8%	120mg	
Zinc		15%	6mg	

* Percent Daily Value (DV) are based on a 2,000 calorie diet
* Not a significant nutrient source
* Nutritional information is subject to change. See product label to verify ingredients and allergens.
* Do not eat raw dough or batter.

Product Photos:

