



Furmanos
Furmanos; 6/#10
Navy Beans
Furmanos; 6/#10 Navy Beans



Navy Beans in Brine canned by Furmano Foods shall conform to U.S. Grade A standards using the USDA Standards for Canned Dried Beans, effective September 1, 1976.

Brand		Manufacturer		Product Category		
Furmano		Furmanos		Navy Beans Dry Pack Canned		
MFG #		GTIN		Pack	Pack Desc.	
F10616		00041188106160		6	6/#10 cans	
Gross Weight		Net Weight		Country of Origin		Kosher
46.50 lbs		40.50 lbs		United States of America		Yes
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
18.81 inches	12.63 inches	7.25 inches	1.00 cu ft	8x7	1260	40.00 / 85.00 FAH

INGREDIENTS

Navy Beans, Water, Salt, Calcium Chloride, Disodium Edta (to Preserve Color)

HANDLING

Cool, dry storage at 65°F - Shelf Life 42 Months at 40° - 85° F

SERVING

Use for soups, stews, casseroles, or salsas

PREP & COOKING

Ingredient

Nutrition Facts

144 servings per container

Serving size **130gr**

Amount Per Serving
Calories **130**

% Daily Value*

Total Fat 0.3gr	0
Saturated Fat 0.04gr	0%
<i>Trans</i> Fat 0gr	0%
Cholesterol 0mg	0
Sodium 245.98mg	0
Total Carbohydrate 23gr	8
Dietary Fiber 6gr	21%
Total Sugars 1gr	
Includes 0 Added Sugars	0%

Protein 3.97gr

Vitamin D 0mcg	0%
Calcium 58mg	4%
Iron 1.14mg	0%
Potassium 188.09mcg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

ALLERGENS

Free From

Celery, Corn, Crustacean, Eggs, Fish, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame, Soy, Sulphites, Tree Nuts, Wheat

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NUTRITION ANALYSIS

Calories	130	Total Fat	0.3 gr	Sodium	245.98 mg
Protein	3.97 gr	Trans Fats	0 gr	Calcium	58 mg
Total Carbohydrates	23 gr	Saturated Fat	0.04 gr	Iron	1.14 mg
Sugars	1 gr	TPolyunsaturated Fat	0.2 gr	Potassium	188.09 mcg
Dietary Fiber	6 gr	Monounsaturated Fat	0.06 gr	Zinc	0.5 mg
Lactose		Cholesterol	0 mg	Phosphorus	69.42 mg
Vitamin A(IU)	0 NIU	Vitamin D	0 mcg	Thiamin	0.11 mg
Vitamin A(RE)		Vitamin E	0.01 NIU	Niacin	0.31 mg
Vitamin C	0.43 mg	Folate	67.49 mcg	Riboflavin	0.03 mg
Magnesium	26.07 mg	Vitamin B-6	0	Vitamin B-12	0 mcg

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