

Certificate of Analysis

LAB # BQ08047

80/20 (BEEF)

Nutrition Facts

1 Servings per Container

Serving Size

4 OZ (112g)

Amount Per Serving

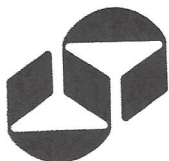
Calories

270

% Daily Value*

Total Fat 21.0g	27%
Saturated Fat 11g	55%
Trans Fat 1g	
Cholesterol 70mg	23%
Sodium 65mg	3%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 19g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 2.13mg	10%
Potassium 300mg	6%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



Certified Laboratories, Inc.

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Certificate of Analysis

PLYMOUTH BEEF
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BRONX, NY 10474
ATT: ANDY SUSSMAN

PRINT DATE: 04/04/2018
REPORT DATE: 04/04/2018

LAB # BQ08047

80/20 (BEEF)

DATE RECEIVED 03/16/2018

LOT #: B

Servings Per Container

1

Serving Size For Calculation

112.0 g

Reference Value

110g (ENTREE W/OUT SAUCE R-T-C)

Household Measure

4 OZ (112g)

	Per 100g	Per Serving	Daily Value (DV)
Calories	240	270	
Calories from fat	171	190	
Total Fat	18.97 g	21 g	27 %
Saturated Fat	50 % of Fat	11 g	55 %
Monounsaturated Fat	46 % of Fat	10 g	
Polyunsaturated Fat	1 % of Fat	0 g	
Trans Fat	3 % of Fat	0.5 g	25 %
Cholesterol	64 mg	70 mg	23 %
Moisture	63.01 g		
Ash	0.79 g		
Sodium	58.1 mg	65 mg	3 %
Total Carbohydrate	0 g	0 g	0 %
Dietary Fiber*	0 g	0 g	0 %
Total Sugars	0 g	0 g	
Added Sugars*	0 g	0 g	0 %
Protein	17.23 g	19 g	
Calcium	5.2 mg	10 mg	0 %
Iron	1.9 mg	2.13 mg	10 %
Potassium	271 mg	300 mg	6 %
Vitamin D	0 mcg	0 mcg	0 %

Martin Mitchell
Managing Director

END OF REPORT

* Based in part on information provided by you, the client.

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