



Certificate of Analysis

LAB # BQ19350 FRESH BEEF TOP ROUND, 2 LB. SAMPLE, RAW

Nutrition Facts

8 Servings per Container

Serving Size

4 OZ (112g)

Amount Per Serving

Calories**110**

% Daily Value*

Total Fat 1.5g	2%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 55mg	18%
Sodium 55mg	2%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 25g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 2.24mg	10%
Potassium 460mg	10%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.