



PLYMOUTH BEEF CO INC
Fresh Pineland Natural
Ground Beef
Fresh and Frozen Burgers



No Added Growth Hormones

Brand		Manufacturer		Product Category		
Pineland Natural		PLYMOUTH BEEF CO INC		Beef Grinds Bulk		
MFG #		GTIN		Pack	Pack Desc.	
3010N-10-C		00020571756649		2	2/5 lbs	
Gross Weight		Net Weight		Country of Origin		Kosher
11.00 lbs		10.00 lbs		United States of America		
Length	Width	Height	Volume	TLxHI	Shelf Life	Storage Temp From/To
14.00 inches	10.00 inches	5.50 inches	0.45 cu ft	10x10	24	32.00 / 34.00 FAH

INGREDIENTS

Beef

HANDLING

Stored at 32-34 deg. Use of freeze by 24 days of pack date

SERVING

Serve on a roll with lettuce and tomato

PREP & COOKING

Cook to an internal temperature o 165 deg

Nutrition Facts

40 servings per container

Serving size 10oz

Amount Per Serving
Calories 280

% Daily Value*

Total Fat 22gr 34%

Saturated Fat 10gr 50%

Trans Fat 0.5gr

Cholesterol 75mg 25%

Sodium 70mg 3%

Total Carbohydrate 0gr 0%

Dietary Fiber 0gr 0%

Total Sugars 0gr 0%

Includes 0 Added Sugars 0%

Protein 20gr

Vitamin D 0 0%

Calcium 0 0%

Iron 0 15%

Potassium 0 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

ALLERGENS

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UniPro
FOODSERVICE

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NUTRITION ANALYSIS

Calories	280	Total Fat	22 gr	Sodium	70 mg
Protein	20 gr	Trans Fats	0.5 gr	Calcium	0
Total Carbohydrates	0 gr	Saturated Fat	10 gr	Iron	0
Sugars	0 gr	TPolyunsaturated Fat	0	Potassium	0
Dietary Fiber	0 gr	Monounsaturated Fat	0	Zinc	0
Lactose		Cholesterol	75 mg	Phosphorus	0
Vitamin A(IU)	0	Vitamin D	0	Thiamin	0
Vitamin A(RE)		Vitamin E	0	Niacin	0
Vitamin C	0	Folate	0	Riboflavin	0
Magnesium	0	Vitamin B-6	0	Vitamin B-12	0