



Eco-V

1067555202 - Whole Kernel Corn

Bonduelle is the world's undisputed leader in processed vegetables



* Benefits

Ingredients

Whole Kernel Corn

⚠ Allergens

Free From:

- crustaceans
- eggs
- fish
- milk
- peanuts
- sesame
- soy
- tree nuts
- wheat

Nutrition Facts

Servings per Container 22
Serving size 85gr

Amount per serving
Calories 100

% Daily Value*	
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 4mg	0%
Total Carbohydrate 17g	6%
Dietary Fiber 2g	7%
Total Sugars 2g	
Includes	Added Sugars %
Protein 2g	
Vitamin D	%
Calcium 0mg	0%
Iron 0mg	0%
Potassium	%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

Keep frozen below -18 degrees C/0 degrees F. Do not allow contents to thaw.

Serving Suggestions

Side dish, pot-au-feu, soup, stew, rice, salad

Prep & Cooking Suggestions

Cooking: Place contents in boiling water. Cook until tender. Do not overcook. Season to taste and serve. For food safety and best quality, cook to an internal temperature of 160 degrees F.

✎ Product Specifications

Brand	Manufacturer	Product Category				
Eco-V	Bonduelle Americas	Fruits & Vegetables, Frozen or Canned				
MFG #	SPC #	GTIN	Pack	Pack Desc.		
32015	1067555202	10055686320154	1	1/20 lbs		
Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition		
20.71lb	20lb	USA	Yes	No		
Shipping Information						
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
15.5in	9.13in	7.81in	0.64ft3	13x8	730DAYS	-10°F / 0°F



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Nutrition Analysis - By Serving

Calories	100kcal	Total Fat	1g	Sodium	4mg
Protein	2g	Trans Fats	0g	Calcium	0mg
Total Carbohydrates...	17g	Saturated Fat	0g	Iron	0mg
Sugars	2g	Added Sugars		Potassium	
Dietary Fiber	2g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat	0g	Phosphorus	
Sucrose		Cholesterol	0mg		
Vitamin A(IU)•	0µg	Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C	0mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-1 2•	
Monosodium		Sulphites		Nitrates	

 Additional Images

