



## **PRODUCT SPECIFICATION**

# **STIR FRY BLEND**

### Nutritionals:

| <b>Nutrition Facts</b>                                                                                                                                                     |                     |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------|
| About 9 servings per container                                                                                                                                             |                     |
| <b>Serving size</b>                                                                                                                                                        | <b>1 cup (100g)</b> |
| <b>Amount per serving</b>                                                                                                                                                  |                     |
| <b>Calories</b>                                                                                                                                                            | <b>45</b>           |
| <b>% Daily Value*</b>                                                                                                                                                      |                     |
| <b>Total Fat</b> 0g                                                                                                                                                        | <b>0%</b>           |
| Saturated Fat 0g                                                                                                                                                           | <b>0%</b>           |
| Trans Fat 0g                                                                                                                                                               |                     |
| <b>Cholesterol</b> 0mg                                                                                                                                                     | <b>0%</b>           |
| <b>Sodium</b> 15mg                                                                                                                                                         | <b>1%</b>           |
| <b>Total Carbohydrate</b> 10g                                                                                                                                              | <b>4%</b>           |
| Dietary Fiber 2g                                                                                                                                                           | <b>9%</b>           |
| Total Sugars 3g                                                                                                                                                            |                     |
| Includes 0g Added Sugars                                                                                                                                                   | <b>0%</b>           |
| <b>Protein</b> 2g                                                                                                                                                          |                     |
| Vitamin D 0mcg                                                                                                                                                             | 0%                  |
| Calcium 27mg                                                                                                                                                               | 2%                  |
| Iron 0.8mg                                                                                                                                                                 | 4%                  |
| Potassium 273mg                                                                                                                                                            | 6%                  |
| <small>* The % Daily Values (DV) tells you how much a nutrient in a serving contributes to a daily diet. 2000 calories a day is used for general nutrition advice.</small> |                     |

**Ingredients:** Broccoli, Sugar Snap Peas, Onion, Carrot, Green Beans, Red Bell Pepper, Shitake Mushroom, Water Chestnut, Baby Corn

*Note:* These values are derived and/or compiled from commercially available databases, laboratory analyses or calculation. They are provided to you as an aid in product development work, but should not be the sole source used to determine your nutritional labeling. Nutrient labeling data for your products should be prepared in accordance with the C.F.R. Title 21, section 101.9.