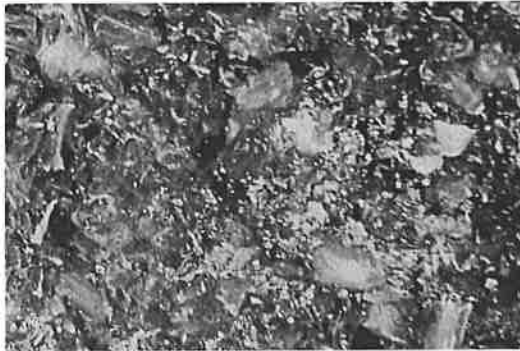


# Honor Foods

## Kale



## Valley Fresh

### Product Description

Wet Pack Chopped Kale Blanched and frozen to lock in the flavor. Green and ripe. Product of China.

### Pack and Case Specifications

Case Dimensions: 16.5 x 9.75 x 10.875  
Case Gross Weight: 39 lbs  
Net Weight: 36 lbs  
Packs per case: 12 x 3  
Cases per Pallet: 50

### Ingredients

Kale

### Allergens

No major allergen or ingredients associated with food sensitivities are present other than allergies to the specific primary ingredient(s), nor in any other product produced on the same line.

### Storage and Shelf Life

Store in freezer at 0°F (-18°C) or below. Keep frozen until ready to use. Shelf-life frozen: 18 months

### Certificates

FSMS  
HAACP  
BRC  
FDA Registered

### Product Codes

09868

### Product Specifications

Wet Pack Chopped Kale  
Color: Green, typical of the variety  
Taste: Typical of the variety

### Nutrition Facts

Serving Size: 1/3 Cup (83g)

Servings per container: about 16

Calories: 33

| Amount per Serving  |        | %DV            |
|---------------------|--------|----------------|
| Total Fat           | .6g    | 1%             |
| Saturated Fat       | .1g    | 0%             |
| Trans Fat           | 0g     | 0%             |
| Cholesterol         | 0mg    | 0%             |
| Sodium              | 25.5mg | 1%             |
| Total Carbohydrates | 5.9g   | 2%             |
| Dietary Fibers      | 2.4g   | 10%            |
| Sugars              | 1.5g   |                |
| Protein             | 2.9g   |                |
| Vitamin A           | 134%   | Vitamin C 134% |
| Calcium             | 10%    | Iron 6%        |



A Value Added Redistributor

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