



DICED GREEN PEPPERS



Nutrition Facts

Servings Per Container
Serving Size 2/3 cup (85g)

Amount Per Serving

Calories 25

% Daily Value*

Total Fat	0 g	0 %
Saturated Fat	0 g	0 %
Trans Fat	0 g	0 %
Cholesterol	0 mg	0 %
Sodium	10 mg	0 %
Total Carbohydrate	4 g	1 %
Dietary Fiber	1 g	4 %
Total Sugars	3 g	
Includes 0g Added Sugars		0 %
Protein	1 g	
Vitamin A	6 mcg	6 %
Calcium	0 mg	0 %
Iron	0 mg	0 %
Potassium	102 mg	2 %

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Handling Suggestions:

Store at or below 0°F (-18°C) Keep frozen until ready to use. Do not refreeze.

Serving Suggestions:

More Information:

Product Specifications:

Man Prod Code	Dist Prod Code	GTIN	Units/ Case	Unit/ Measure	Serving/ Case
90903	90903	10813133010061	1	20#	

Brand	Brand Owner	GPC Description
VALLEY FRESH	HONOR FOODS	

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
22 LB	20 LB	CHINA	NO	N/A

Shipping Information

Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp
14.56"	10.60"	7.00"	0.625	10L10	365 DAYS	0°

Ingredients:

DICED GREEN PEPPERS.

Benefits:

Prep & Cooking Suggestions:

COOKING DIRECTIONS: STOVE TOP: 1. IN A SKILLET, HEAT 2 TABLESPOONS VEGETABLE OIL OVER MEDIUM HEAT. 2. CAREFULLY ADD FROZEN VEGETABLES. 3. STIRRING CONSTANTLY, COOK VEGETABLES 4 MINUTES OR UNTIL VEGETABLES ARE TENDER.