



VY/FR
090856 - Celery Diced
CELERY-DICED



* Benefits

Ingredients

Celery.

⚠ Allergens

Free From:



Nutrition Facts

Servings per Container
Serving size 1cup(101g)

Amount per serving
Calories 100

		% Daily Value*
Total Fat	0g	0%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0g	0%
Sodium	80mg	3%
Total Carbohydrate	3g	1%
Dietary Fiber	2g	7%
Total Sugars	0g	
Includes	Added Sugars	%
Protein	1g	
Vitamin D		0%
Calcium	40mg	3%
Iron	0.25mg	1%
Potassium	263mg	5%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

Keep frozen until ready to use. Do not refreeze.

Serving Suggestions

For best results: Frozen vegetables should not be over cooked.

Prep & Cooking Suggestions

SAUT: Heat 3 Tbsp. oil in a large skillet on MEDIUM-HIGH. Add one bag of frozen vegetables and cover. Saut for 8 minutes, stirring as needed.

Product Specifications

Brand	Manufacturer	Product Category
VY/FR	Honor Foods - Div. of Burris Logistic	Vegetables, Canned & Frozen

MFG #	SPC #	GTIN	Pack	Pack Desc.
090856	090856	10813133012546	1	1 / 1 / 20.0 LBR

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
22lb	20lb	BEL	No	No

Shipping Information						
Length	Width	Height	Volume	TLxHI	Shelf Life	Storage Temp From/To
14.95in	9.85in	8.25in	0.7ft3	10x4	730DAYS	-5°F / 15°F

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Nutrition Analysis

Calories	100kcal	Total Fat	0g	Sodium	80mg
Protein	1g	Trans Fats	0g	Calcium	40mg
Total Carbohydrates...	3g	Saturated Fat	0g	Iron	0.25mg
Sugars	0g	Added Sugars		Potassium	263mg
Dietary Fiber	2g	Polyunsaturated Fat		Zinc	
Lactose		Monounsaturated Fat		Phosphorus	
Sucrose		Cholesterol	0g		
Vitamin A(IU)-		Vitamin D		Thiamin	
Vitamin A(RE)		Vitamin E		Niacin	
Vitamin C		Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12	
Monosodium		Sulphites		Nitrates	

Additional Images

