

Comp #: 2834
Company: VLM Foods Inc.
Product: Broccoli
Formula: 95680
Date: Monday, August 14, 2017



One Hundred Gram Report

Regulations: FDA 2016

Nutrient	Values	Unit
Calories	29.67	kcal
Total Fat	0.35	g
Saturated Fat	0.05	g
Trans Fat	0.00	g
Polyunsaturated Fat	0.27	g
Monounsaturated Fat	0.03	g
Cholesterol	0.00	mg
Sodium	27.00	mg
Total Carbohydrates	5.06	g
Dietary Fiber Compliant	2.30	g
Dietary Fiber Not Compliant	0.00	g
Sugars	1.48	g
Added Sugars	0.00	g
Protein	2.98	g
Vitamin D mcg	0.00	mcg
Calcium	48.00	mg
Iron	0.88	mg
Potassium	325.00	mg
Thiamin	0.07	mg
Riboflavin	0.12	mg
Niacin	0.64	mg
Folate DFE	71.00	mcg DFE
Food Folate	71.00	mcg
Folic Acid	0.00	mcg
Moisture	90.69	g
Ash	0.92	g

**Nutritional data provided by AIB is based solely on information
 provided by the client and the ingredient manufacturers.**

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