

Comp #: 2834
Company: VLM Foods Inc.
Product: Cut Green Beans
Formula: 95682
Date: Monday, August 14, 2017



One Hundred Gram Report

Regulations: FDA 2016

Nutrient	Values	Unit
Calories	31.75	kcal
Total Fat	0.21	g
Saturated Fat	0.05	g
Trans Fat	0.00	g
Polyunsaturated Fat	0.09	g
Monounsaturated Fat	0.07	g
Cholesterol	0.00	mg
Sodium	3.00	mg
Total Carbohydrates	7.54	g
Dietary Fiber Compliant	2.60	g
Dietary Fiber Not Compliant	0.00	g
Sugars	2.21	g
Added Sugars	0.00	g
Protein	1.79	g
Vitamin D mcg	0.00	mcg
Calcium	42.00	mg
Iron	0.85	mg
Potassium	186.00	mg
Thiamin	0.10	mg
Riboflavin	0.09	mg
Niacin	0.50	mg
Folate DFE	15.00	mcg DFE
Food Folate	15.00	mcg
Folic Acid	0.00	mcg
Moisture	89.93	g
Ash	0.53	g

**Nutritional data provided by AIB is based solely on information
provided by the client and the ingredient manufacturers.**

AIB International Food Labeling
1213 Bakers Way, P.O. Box 3999, Manhattan, KS 66505-3999
Phone: 785-537-4750 Fax: 785-706-0106