



Bonduelle Americas
**Bonduelle Green Beans Whole Extra
Fine, Haricots Verts**
Bonduelle Green Beans Whole Extra Fine



Bonduelle is the world's undisputed leader in processed vegetables

Brand		Manufacturer		Product Category		
Bonduelle		Bonduelle Americas		Green Beans Whole Frozen		
MFG #		GTIN		Pack	Pack Desc.	
00003		20043387000038		1	10/2.2 lbs	
Gross Weight		Net Weight		Country of Origin		Kosher
23.23 lbs		22.00 lbs		Canada		Yes
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
15.37 inches	11.50 inches	13.00 inches	999.99 cu in	10x3	730	-10.00 / 0.00 FAH

INGREDIENTS

Extra Fine Whole Green Beans.

HANDLING

Keep at -18 degrees C/0 degrees F or below.

SERVING

Side dish, pot-au-feu, soup, stew, rice, stuffing, sauce

PREP & COOKING

For safety & quality. follow cooking instructions. Keep frozen until ready to cook. Do not refreeze. For best results. place in a minimum amount of boiling water while still frozen. The low temperature of the frozen vegetables will cool the water and stop boiling. Count cooking time from the start of the second boil and allow to cook to desired tenderness. Avoid overcooking for best flavor and color. Season to taste.

Nutrition Facts

11 servings per container

Serving size 85gr

Amount Per Serving
Calories 30

% Daily Value*

Total Fat 0gr	0
Saturated Fat 0gr	0%
Trans Fat 0gr	0%
Cholesterol 0mg	0
Sodium 0mg	0
Total Carbohydrate 6gr	2
Dietary Fiber 2gr	8%
Total Sugars 1gr	0%
Includes 0 Added Sugars	0%
Protein 1gr	

Vitamin D 0	0%
Calcium 0mg	4%
Iron 0mg	4%
Potassium 0	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

ALLERGENS

Free From

Milk, Eggs, Fish, Crustacean, Tree Nuts, Peanuts, Nuts, Sesame, Soy

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accuracy.

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NUTRITION ANALYSIS

Calories	30	Total Fat	0 gr	Sodium	0 mg
Protein	1 gr	Trans Fats	0 gr	Calcium	0 mg
Total Carbohydrates	6 gr	Saturated Fat	0 gr	Iron	0 mg
Sugars	1 gr	TPolyunsaturated Fat	0	Potassium	0
Dietary Fiber	2 gr	Monounsaturated Fat	0	Zinc	0
Lactose		Cholesterol	0 mg	Phosphorus	0
Vitamin A(IU)	0	Vitamin D	0	Thiamin	0
Vitamin A(RE)		Vitamin E	0	Niacin	0
Vitamin C	0 mg	Folate	0	Riboflavin	0
Magnesium	0	Vitamin B-6	0	Vitamin B-12	0

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