

Father Sams

Item Number: 96001

10" White Whole Wheat Blend Tortilla

Version 2.2

Nutrition Facts	
12 servings per container	
Serving Size 1 tortilla (62g)	
Amount per serving	
Calories	160
% Daily Value*	
Total Fat 3g	4%
Saturated Fat 1g	5%
Trans Fat 0g	
Polyunsaturated Fat .5g	
Monounsaturated Fat 1.0g	
Cholesterol 0mg	0%
Sodium 180mg	8%
Total Carbohydrate 30g	11%
Dietary Fiber 3g	10%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 69mg	6%
Iron 1.8mg	10%
Potassium 40mg	1%

*The % Daily Value(DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

Ingredients: White Whole Wheat Flour, Unbleached, Enriched Flour, (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate [vitamin B1], Riboflavin [vitamin B2], Folic Acid), Water, Canola Oil, Sodium Bicarbonate, Mono- & Diglycerides, Sodium Aluminum Phosphate, Fumaric Acid, Sodium Aluminum Sulfate, Cornstarch, Calcium Propionate (Preservative), Salt, Potassium Sorbate (Preservative), Calcium Sulfate, Contains 2% or Less of Each of the Following: Soybean Oil, Monocalcium Phosphate, Enzymes, Sodium Metabisulfite.

Contains: Wheat