



PANAPESCA
**Clam Meat, Skinpack,
Fully Cooked**
CLAM MEAT



All the meat without the shells! The clam meat has a sweet, clean flavor and is a great addition to pasta dishes, chowders, soups and more. The all natural pack is sand free and the meat is fully cooked; just reheat directly from the frozen state. All natural Fully cooked Vacuum packed to lock in fresh taste Conveniently portioned to reduce waste Friend of the Sea certified sustainable Excellent source of protein, iron and Vitamin C

Brand		Manufacturer		Product Category		
PANAPESCA		PANAPESCA		Mollusks Commodity		
MFG #	GTIN		Pack	Pack Desc.		
2419	20614583624191		0	12/10.6 oz		
Gross Weight	Net Weight	Country of Origin		Kosher	Child Nutrition	
9.50 lbs	7.92 lbs	Thailand				
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
16.00 inches	11.00 inches	4.75 inches	0.48 cu ft	10x14	730 days	-18.00 / 0.00 FAH

INGREDIENTS

Cooked Clam Meat

HANDLING

KEEP FROZEN, THAW UNDER REFRIGERATION

SERVING

See recipe on package

PREP & COOKING

Use with your favorite recipes

Nutrition Facts

6 servings per container

Serving size 50gr

Amount Per Serving

Calories 89

% Daily Value*

Total Fat 1gr 2%

Saturated Fat 0 0%

Trans Fat 0gr 0%

Cholesterol 37mg 12%

Sodium 220mg 9%

Total Carbohydrate 3 8%

Dietary Fiber 0gr 0%

Total Sugars 0gr 0%

Includes 0 Added Sugars 0%

Protein 12gr

Vitamin D 0 0%

Calcium 60mg 6%

Iron 6.84mg 38%

Potassium 0 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

ALLERGENS

Free From

Milk, Eggs, Fish, Crustacean, Tree Nuts, Peanuts, Nuts, Wheat, Soy

Contains

Molluscs

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accuracy.



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NUTRITION ANALYSIS

Calories	89	Total Fat	1 gr	Sodium	220 mg
Protein	12 gr	Trans Fats	0 gr	Calcium	60 mg
Total Carbohydrates	3	Saturated Fat	0	Iron	6.84 mg
Sugars	0 gr	TPolyunsaturated Fat	0	Potassium	0
Dietary Fiber	0 gr	Monounsaturated Fat	0	Zinc	0
Lactose		Cholesterol	37 mg	Phosphorus	0
Vitamin A(IU)	90 mcg	Vitamin D	0	Thiamin	0
Vitamin A(RE)		Vitamin E	0	Niacin	0
Vitamin C	9 mg	Folate	0	Riboflavin	0
Magnesium	0	Vitamin B-6	0	Vitamin B-12	0

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