



041250 - MRS. FRIDAY'S® LIGHTLY BREADED RING & TENTACLE CALAMARI

Great taste and from-scratch look brings operators a rare, stand-out opportunity to entice passionate calamari lovers. Mrs. Friday's Lightly Breaded Ring and Tentacle Calamari is hand-breaded in a crispy flour coating with a 70/30 ratio of tender calamari rings and tentacles. It's an unbeatable combination of popularity, convenience, and consistency.

Brand: Mrs. Friday's



Nutrition Facts

72 servings per container

Serving size 4 ounces (113.4g)

Amount per serving
Calories 220

% Daily Value*

Total Fat 4.5g 6%

Saturated Fat 1g 4%

Trans Fat 0g

Polyunsaturated Fat 2.4g

Monounsaturated Fat 1g

Cholesterol 155mg 51%

Sodium 590mg 25%

Total Carbohydrate 31g 10%

Dietary Fiber 0.5g 2%

Soluble Fiber 0

Insoluble Fiber 0g

Total Sugars 1g

Includes 2g Added Sugars 4%

Protein 12g

Vitamin D 0mcg 0% • Calcium 60mg 4%

Iron 4mg 20% • Potassium 230mg 4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

Calamari, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Modified Tapioca Starch, Tapioca Starch, Water, Soybean Oil, Wheat Flour, Salt, Dextrose, Garlic Powder, Corn Flour, Disodium Inosinate, Disodium Guanylate, Hydrolyzed Corn Protein, Guar Gum, Paprika Extract, Palm Oil, Parsley, Natural Flavor, Onion Powder, Sugar, Yeast, Potassium Carbonate, Sodium Phosphate. Contains: Wheat.

Product Specifications

GTIN	10070017412506	Case Gross Weight	15.50 LB
UPC		Case Net Weight	13.50 LB
Pack Size	6 / 2.25LB	Case L,W,H	19.25 IN, 13.10 IN, 8.90 IN
Shelf Life	365 Days	Cube	2244.36 INQ
Tie x High	7 x 5		

Preparation and Cooking

Keep frozen until ready to use. Do not refreeze. Cook to an internal temperature of 165°F. Appliances may vary. DEEP FRYER: Heat oil to 350°F. Add calamari shaking basket occasionally to prevent from adhering. Fry approximately 1.5 minutes or until golden brown.

Serving Suggestions

- Memorable appetizers & hors d'oeuvres • Salads • Seafood platters • Banquets and catering • Tapas plates

Packaging and Storage

Keep Frozen

Allergens

CONTAINS:
Wheat or Wheat Derivatives

FREE FROM:
Crustaceans or Crustacean Derivatives, Eggs or Egg Derivatives, Fish or Fish Derivatives, Milk or Milk Derivatives, Peanuts or Peanut Derivatives, Sesame seeds or Sesame seed Derivatives, Soybeans or Soybean Derivatives, Treenuts or Treenut Derivatives

Barcode

Case Barcode



10070017412506