



Sea Best
1067619329 - 6 Oz V/P Salmon Port.

Salmon has a rich, robust flavor and a firm, melt-in-your-mouth texture. Large flakes of meat hold their juicy, tender texture through any preparation. Salmon is also very popular for being an extremely healthy, rich source of omega-3 fatty acids.



* Benefits

Ingredients

Salmon

⚠ Allergens

Contains:



fish

May Contain:



crustaceans

Free From:



eggs



dairy



peanuts



sesame



soy



tree nuts



wheat

Nutrition Facts

Servings per Container 40
Serving size 4oz (112g)

Amount per serving
Calories 250

% Daily Value*

Total Fat 18g 23%

Saturated Fat 3.5g 17%

Trans Fat 0g

Cholesterol 60mg 20%

Sodium 45mg 1%

Total Carbohydrate 0g 0%

Dietary Fiber 0g 0%

Total Sugars 0g

Includes 0g Added Sugars 0%

Protein 23g

Vitamin D 12µg 60%

Calcium 0mg 0%

Iron 0.36mg 2%

Potassium 411mg 8%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

Keep frozen. Do not refreeze.

Serving Suggestions

Serve with sides like rice pilaf, quinoa salad, roasted potatoes or sautéed vegetables for a center-of-the-plate approach. Or you can also serve this fish in entrées such as fish tacos, sandwiches, salads, wraps, soups and stews, stir-fry, curry, pasta, and any other dish as a delicious alternative to beef, chicken and pork.

Prep & Cooking Suggestions

This fish tastes delicious baked, broiled, pan-seared, grilled or poached. Cook to an internal temperature of 145°F.

📄 Product Specifications

Brand	Manufacturer	Product Category
Sea Best	Beaver Street Fisheries Inc	Fish, Commodity

MFG #	SPC #	GTIN	Pack	Pack Desc.
6217279	1067619329	00075391029947	0	1/10 lbs

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
12.1lb	10lb	CHL	No	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
20in	11in	4.25in	0.54ft3	8x10	1095DAYS	-10°F / 0°F



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SALMON PORTIONS VACUUM PACKED 6 OZ



Nutrition Analysis - By Serving

Calories	250kcal	Total Fat	18g	Sodium	45mg
Protein	23g	Trans Fats	0g	Calcium	0mg
Total Carbohydrates...	0g	Saturated Fat	3.5g	Iron	0.36mg
Sugars	0g	Added Sugars	0g	Potassium	411mg
Dietary Fiber	0g	Polyunsaturated Fat	0g	Zinc	
Lactose		Monounsaturated Fat	0g	Phosphorus	
Sucrose		Cholesterol	60mg		
Vitamin A(IU)•	9NIU	Vitamin D	12µg	Thiamin	
Vitamin A(RE)		Vitamin E	4mg	Niacin	
Vitamin C	5.4mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

 Additional Images

