



Sea Best
1067577264 - 6/8 Oz Co Snapper Portion

Sea Best Snapper has a mild, sweet flavor that works well with many sauces and flavor profiles. This fish delivers a medium to firm texture that holds up well for various applications, and finishes remarkably moist and flaky.



* Benefits

Ingredients

Snapper

⚠ Allergens

Contains:



Free From:



Nutrition Facts

Servings per Container 40
Serving size 4oz (113g)

Amount per serving
Calories 110

% Daily Value*	
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 40mg	13%
Sodium 70mg	3%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 23g	
Vitamin D 11.4µg	57%
Calcium 36mg	2%
Iron 0.2mg	1%
Potassium 470mg	10%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Handling Suggestions

Keep frozen. Do not refreeze.

Serving Suggestions

Serve as entree.

Prep & Cooking Suggestions

This fish tastes delicious baked, sautéed or breaded and fried. Serve with sides, or in salads and sandwiches. Cook to an internal temperature of 145°F.

📋 Product Specifications

Brand	Manufacturer	Product Category
Sea Best	Beaver Street Fisheries Inc.	Fish, Commodity

MFG #	SPC #	GTIN	Pack	Pack Desc.
6300805	1067577264	00075391004609	0	1/10 lbs

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
11.59lb	10lb	IDN	No	

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
16.25in	12in	4in	0.45ft3	10x10	1095DAYS	-10°F / 0°F



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6/8OZ CO SNAPPER PORTION



Nutrition Analysis - By Serving

Calories	110kcal	Total Fat	1.5g	Sodium	70mg
Protein	23g	Trans Fats	0g	Calcium	36mg
Total Carbohydrates...	0g	Saturated Fat	0g	Iron	0.2mg
Sugars	0g	Added Sugars	0g	Potassium	470mg
Dietary Fiber	0g	Polyunsaturated Fat	0g	Zinc	
Lactose		Monounsaturated Fat	0g	Phosphorus	
Sucrose		Cholesterol	40mg		
Vitamin A(IU)•	36NIU	Vitamin D	11.4µg	Thiamin	
Vitamin A(RE)		Vitamin E	1.08mg	Niacin	
Vitamin C	1.8mg	Folate		Riboflavin	
Magnesium		Vitamin B-6		Vitamin B-12•	
Monosodium		Sulphites		Nitrates	

Additional Images

