

5-6 oz UpperCrust® Tortilla Tilapia Fillets

Dot #: 428057

Mfr #: 1089526

GTIN: 10035493895267

Supplier: High Liner Foods (USA) Incorporated

Description: 5-6 oz UpperCrust® Tortilla Tilapia Fillets

Images and Attachments



Product Information

Classification:	Fish - Prepared/Processed (Frozen) (10000017)
Dimensions (HxWxD):	8.62 x 7.81 x 15.81 Inch
Weight Gross / Net:	11 Pound / 10 Pound
Origin:	(US) UNITED STATES
Storage Temperature:	0° to 0°
Pallet Configuration:	Ti:15 Hi:5
Servings Per Container:	27

Features and Benefits (Case GTIN: 10035493895267)

Features:	Premium UpperCrust Seafood is top-crusted for the perfect experience of flaky fish and flavor-packed, crunchy crust. It's the gold standard in handmade appearance, authentic ingredients, labor savings, profitability and guest preference.
Preparation and Cooking:	Bake - COOKING INSTRUCTIONS FROM FROZEN: TO BAKE: Place frozen fillets on a lightly oiled sheet pan. CONVECTION OVEN: Preheat oven to 325°F and bake for 14- 17 minutes. CONVENTIONAL OVEN: Preheat oven to 375°F and bake for 28-30 minutes. NOTE: COOK TO AN INTERNAL TEMPERATURE OF 165°F MINIMUM.
Serving Suggestions:	Ideal paired with your favorite signature sauce or side. Perfect as center of plate, sandwich or salad features.
Storage:	Keep Frozen

Nutritionals and Ingredients (Case GTIN: 10035493895267)

Representation of label(s). The actual nutritional label(s) on the package may vary slightly

Nutrition Facts (Unprepared)		(-) Information is currently not available for this nutrient.	
Serving Size 5.9 oz (165 g)		* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:**	
Servings Per Container 27		** Percent Daily Values listed below are intended for adults and children over 4 years of age. Foods represented or purported to be for use by infants, children less than 4 years of age, pregnant women, or lactating women shall use the RDI's that are specified for the intended group provided by the FDA.	
Amount Per Serving			
Calories	280	Calories from fat	
		% Daily Value*	
Saturated Fat	2.5 g	12%	
Trans Fat	0 g		
Cholesterol	65 mg	22%	
Sodium	760 mg	33%	
Potassium	430 mg	10%	
Total Carbohydrate	16 g	6%	
Dietary Fiber	0 g	0%	
Sugar	1 g		
Protein	28 g	57%	
Calcium	30 mg	2%	
Iron	1.5 mg	8%	
Vitamin D	4.1 µg	20%	
		Calories:	2,000 2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Potassium		3500mg	3500mg
Total Carbohydrates		300mg	375mg
Dietary Fiber		25mg	30mg
Calories per gram:			
Fat	9	Carbohydrate	4
		Protein	4

Child Nutrition Label:

No

Ingredients:

TILAPIA, VEGETABLE OIL (CANOLA, COTTONSEED, SOYBEAN, AND/OR SUNFLOWER), TORTILLA CHIPS [YELLOW WHOLE CORN, VEGETABLE OIL (CONTAINS CORN, AND/OR SOYBEAN AND/OR SUNFLOWER OIL)], CORN STARCH, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CONTAINS 2% OR LESS OF: ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), SEA SALT, WHEAT FLOUR, YEAST, SALT, MALTED BARLEY FLOUR, WATER, TORULA YEAST, WHITE CORN FLOUR, GARLIC POWDER, CILANTRO, CHIPOTLE PEPPER, CORN SYRUP, SOY FLOUR, WHEY, AUTOLYZED YEAST EXTRACT, YELLOW CORN FLOUR, DEXTROSE, CORN CEREAL, NATURAL FLAVORS, MODIFIED CORN STARCH, CHILI POWDER (CHILI PEPPER, CUMIN, OREGANO, SALT, DEHYDRATED GARLIC), SPICES, VINEGAR, SUGAR, NATURAL EXTRACTIVES OF LIME, LEAVENING (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE), PALM OIL, ONION POWDER, JALAPENO PEPPERS, FRUIT AND VEGETABLE JUICE CONCENTRATE (COLOR), TURMERIC (COLOR), PAPRIKA EXTRACT (COLOR), CARAMEL COLOR, CONTAINS: FISH (TILAPIA), WHEAT, SOY, MILK

Allergens and Diet (Case GTIN: 10035493895267)

Allergen Values (FDA)

Contains: Milk, Fish, Soy, Wheat

Free From:

Peanuts, Tree Nuts, Eggs, Molluscs, Crustacean, Sesame Seeds, SO₂ & Sulphites, Other Gluten, Celery, Mustard, Lupine

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