

Our cod is perfectly battered to combine moist, flaky fish with delicious child-nutrition approved batter. Final product is value added and packed in US.



Nutrition Facts

53 Servings per container

Serving Size 1 Wedge

Amount Per Serving

Calories 160

% Daily Value*

Total Fat 7 g 9%

Saturated Fat 1 g 6%

Trans Fat 0 g

Cholesterol 15 mg 6%

Sodium 500 mg 22%

Total Carbohydrate 18 g 6%

Dietary Fiber 1 g 2%

Total Sugars 0 g

Includes 0 g Added Sugars 0%

Protein 6 g

Vitamin D mg %

Calcium 0 mg 0%

Iron 0.6 mg 4%

Potassium 0 mg 0%

*The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Product Specifications:

Code	GTIN	Pack	Type Of Catch
10022249	00079149222499	1 X 10.00	Wild

Brand	GPC Description
High Liner Foodservice	Fish - Prepared/Processed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
11 LBR	10 LBR	N/A	Yes	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp
15.8 INH	7.8 INH	8.6 INH	0.6 FTQ	15x5	18	0 FAH / 0 FAH

Ingredients:

48.0% POLLOCK [FISH, WATER, SODIUM TRIPOLYPHOSPHATE (TO RETAIN MOISTURE)]; 52.0% BATTER AND BREADING: WATER, BLEACHED WHEAT FLOUR, YELLOW CORN FLOUR, CONTAINS 2% OR LESS OF: MODIFIED CORN STARCH, SALT, ENRICHED YELLOW CORN FLOUR (CORN FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), LEAVENING (SODIUM ALUMINUM PHOSPHATE, SODIUM BICARBONATE), IODIZED SALT, SPICES. PREFRIED IN CANOLA, COTTONSEED, AND/OR SOYBEAN OIL.
CONTAINS: FISH (POLLOCK), WHEAT

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):

Eggs - N	Milk - N	Soy - N
Fish - C	Wheat - C	TreeNuts - N
Peanuts - N	Crustacean - N	

Prep & Cooking Suggestions:

COOKING INSTRUCTIONS FROM FROZEN: TO DEEP FRY: Preheat fryer to 350°F and fry for 4-6 minutes. TO BAKE: Place frozen fillets on a lightly oiled sheet pan. CONVENTIONAL OVEN: Preheat oven to 425°F and bake for 16-18 minutes. For best results, flip halfway through baking. NOTE: COOK TO AN

Serving Suggestions:

Ideal used as an entrée for fish n' chips paired with your favorite fries and coleslaw.

Species / Scientific Name:

Alaska Pollock - Gadus chalcogrammus

Claims & Child Nutrition:

BAP Certified :

MSC Certified :

Has CN Statement : Yes

CN Statement : 1M



CN Information :

CN Statement : 1M
Suggested Bid :
Meat/Meat Alternative : 1 X 3.0 OZ PORTION X 0.48 FISH FLESH X 0.748 = 1.123 OZ
WholeGrain Credit Calculation :

Label Copy

*Please note - label for bid proposes only per USDA Document# SP11v2 CACFP10SFSSP13-2015 - Label copied with watermark is acceptable documentation for administrative review - the original labels on cartons received will not have a watermark.



**Battered Pollock
Wedges
3 oz**

10022249



LOT #: XXXXXXXXXX

INDIVIDUALLY
QUICK FROZEN

KEEP FROZEN

DO NOT
REFREEZE

2564063



EST. # 002

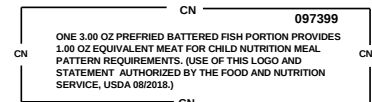
COOKING INSTRUCTIONS FROM FROZEN:
TO DEEP FRY: Preheat fryer to 350°F and fry for 4-6 minutes.
TO BAKE: Place frozen portions on a lightly oiled sheet pan.
CONVENTIONAL OVEN: Preheat oven to 425°F and bake for 16-18 minutes. For best results, flip halfway through baking.
NOTE: COOK TO AN INTERNAL TEMPERATURE OF 165°F MINIMUM.

INGREDIENTS: 48.0% POLLOCK (FISH, WATER, SODIUM TRIPOLYPHOSPHATE (TO RETAIN MOISTURE)); 52.0% BATTER AND BREADING: WATER, BLEACHED WHEAT FLOUR, YELLOW CORN FLOUR, CONTAINS 2% OR LESS OF: MODIFIED CORN STARCH, SALT, ENRICHED YELLOW CORN FLOUR (CORN FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), LEAVENING (SODIUM ALUMINUM PHOSPHATE, SODIUM BICARBONATE), IODIZED SALT, SPICES. PREFRIED IN CANOLA, COTTONSEED, AND/OR SOYBEAN OIL.
CONTAINS: FISH (POLLOCK), WHEAT

NET WT 10 Lb (4.54 kg)



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DISCLAIMER: This product contains grains that are not creditable in school meal programs. Additional grains must be served to meet meal pattern requirements.

10022249

MANUFACTURED BY: HIGH LINER FOODS, PORTSMOUTH, NH 03801
FOR INQUIRIES CALL: 1-888-860-3664
www.highlinerfoods.com



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High Liner Bid Desk Contact and Specification Verification



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Information subject to change without notice at the discretion of High Liner Foods (USA) Inc.

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