



Post Consumer Brands
**Strawberry Frosted Shredded
Wheat Bowl Pack**
Frosted Wheat with strawberry flavor



Whole Grain Ingredient 1st Ingredient

Brand		Manufacturer		Product Category		
Post		Post Consumer Brands		Cereal Cold		
MFG #		GTIN		Pack	Pack Desc.	
27150		10884912271508		96	96/1 oz	
Gross Weight		Net Weight		Country of Origin		Kosher
8.67 lbs		6.00 lbs		United States of America		
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
16.56 inches	13.00 inches	14.38 inches	1.79 cu ft	9x3	100	32.00 / 100.00 FAH

INGREDIENTS

Ingredients: Whole Grain Wheat, Sugar, Gelatin, Natural Flavor, Vegetable Juice (color). Freshness Preserved With Vitamin E (mixed Tocopherols). Vitamins & Minerals: Reduced Iron, Niacinamide (vitamin B3), Zinc Oxide (source Of Zinc), Pyridoxine Hydrochloride (vitamin B6), Folic Acid, Riboflavin (vitamin B2), Thiamin Mononitrate (vitamin B1), Vitamin B12 Contains Wheat

HANDLING

Dry storage

SERVING

Serve w/ 1/2 cup skim milk

PREP & COOKING

Ready to eat

Nutrition Facts

1 servings per container

Serving size 28gr

Amount Per Serving
Calories 100

% Daily Value*

Total Fat 0.5gr 1%

Saturated Fat 0gr 0%

Trans Fat 0gr 0%

Cholesterol 0mg 0%

Sodium 0mg 0%

Total Carbohydrate 23gr 8%

Dietary Fiber 3gr 12%

Total Sugars 6gr

Includes 0 Added Sugars 0%

Protein 3gr

Vitamin D 0 0%

Calcium 0 0%

Iron 0 45%

Potassium 0 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

ALLERGENS

Free From

Milk, Eggs, Fish, Crustacean, Tree Nuts, Peanuts, Nuts, Soy

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NUTRITION ANALYSIS

Calories	100	Total Fat	0.5 gr	Sodium	0 mg
Protein	3 gr	Trans Fats	0 gr	Calcium	0
Total Carbohydrates	23 gr	Saturated Fat	0 gr	Iron	0
Sugars	6 gr	TPolyunsaturated Fat	0	Potassium	0
Dietary Fiber	3 gr	Monounsaturated Fat	0	Zinc	0
Lactose		Cholesterol	0 mg	Phosphorus	0
Vitamin A(IU)	0	Vitamin D	0	Thiamin	0
Vitamin A(RE)		Vitamin E	0	Niacin	0
Vitamin C	0	Folate	0	Riboflavin	0
Magnesium	0	Vitamin B-6	0	Vitamin B-12	0