



Post Consumer Brands
**Cereal, Honey Graham
Squares Bowl Pack**
Honey Graham Cereal



Part of a nutritious breakfast

Brand		Manufacturer		Product Category		
Malt O Meal Bowl Pack		Post Consumer Brands		Cold Cereal Single Serve		
MFG #	GTIN		Pack	Pack Desc.		
04515	10042400045158		96	96/1 oz		
Gross Weight	Net Weight	Country of Origin		Kosher	Child Nutrition	
8.67 lbs	6.00 lbs	United States of America		Yes		
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
16.56 inches	13.00 inches	14.38 inches	1.79 cu ft	9x3	365	32.00 / 95.00 FAH

INGREDIENTS

Ingredients: Whole Grain Wheat, Sugar, Corn Meal, Canola Oil, Molasses, Honey, Fructose, Salt, Baking Soda, Calcium Carbonate, Soy Lecithin, Dextrose, Trisodium Phosphate, Bht Added To Preserve Freshness. Vitamins And Minerals: Ferric Orthophosphate (source Of Iron), Niacinamide (vitamin B3), Zinc Oxide, Thiamin Mononitrate (vitamin B1), Calcium Pantothenate (vitamin B5), Pyridoxine Hydrochloride (vitamin B6), Folic Acid. Contains Wheat And Soy.

HANDLING

Dry

SERVING

serve with fruit and/or milk

PREP & COOKING

Add milk

Nutrition Facts

96 servings per container

Serving size 28gr

Amount Per Serving
Calories 110

% Daily Value*

Total Fat 3gr 5%

Saturated Fat 0gr 0%

Trans Fat 0gr 0%

Cholesterol 0mg 0%

Sodium 250mg 10%

Total Carbohydrate 22gr 7%

Dietary Fiber 1gr 5%

Total Sugars 10gr 0%

Includes 0 Added Sugars 0%

Protein 1gr

Vitamin D 0 0%

Calcium 0 10%

Iron 0 25%

Potassium 0 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

ALLERGENS

Contains

Milk, Soy

Free From

Eggs, Fish, Crustacean, Tree Nuts, Peanuts, Nuts, Sesame

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accuracy.

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UniPro
FOODSERVICE

NUTRITION ANALYSIS

Calories	110	Total Fat	3 gr	Sodium	250 mg
Protein	1 gr	Trans Fats	0 gr	Calcium	0
Total Carbohydrates	22 gr	Saturated Fat	0 gr	Iron	0
Sugars	10 gr	TPolyunsaturated Fat	0	Potassium	0
Dietary Fiber	1 gr	Monounsaturated Fat	0	Zinc	0
Lactose		Cholesterol	0 mg	Phosphorus	0
Vitamin A(IU)	0	Vitamin D	0	Thiamin	0
Vitamin A(RE)		Vitamin E	0	Niacin	0
Vitamin C	0 mg	Folate	0	Riboflavin	0
Magnesium	0	Vitamin B-6	0	Vitamin B-12	0

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