



Post Consumer Brands
Cereal, Coco-Roos
Bowl Pack
Sweetened Corn Puffs Cereal with Real Cocoa

Real Cocoa is used

Brand		Manufacturer		Product Category		
MOM Brands Bowl Pack		Post Consumer Brands		Cold Cereal Single Serve		
MFG #	GTIN		Pack	Pack Desc.		
01515	10042400015151		96	96/88 oz		
Gross Weight	Net Weight	Country of Origin		Kosher	Child Nutrition	
7.92 lbs	5.25 lbs	United States of America		Yes		
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
16.56 inches	13.00 inches	14.38 inches	1.79 cu ft	9x3	300	32.00 / 95.00 FAH

INGREDIENTS

Ingredients: Sugar, Corn Flour, Corn Meal, Corn Syrup, Canola Oil, Cocoa (processed With Alkali), Calcium Carbonate, Salt, Caramel Color, Trisodium Phosphate, Natural And Artificial Flavor. Bht Added To Preserve Freshness. Vitamins And Minerals: Ferric Orthophosphate (source Of Iron), Niacinamide (vitamin B3), Zinc Oxide, Thiamin Mononitrate (vitamin B1), Calcium Pantothenate (vitamin B5), Pyridoxine Hydrochloride (vitamin B6), Folic Acid.

HANDLING

Dry

SERVING

serve with fruit and/or milk

PREP & COOKING

Add milk

Nutrition Facts

96 servings per container

Serving size 1oz

Amount Per Serving
Calories 100

% Daily Value*

Total Fat 1gr	2
Saturated Fat 0gr	0%
Trans Fat 0gr	0%
Cholesterol 0mg	0
Sodium 90mg	4
Total Carbohydrate 22gr	7
Dietary Fiber 1gr	2%
Total Sugars 12gr	0%
Includes 0 Added Sugars	0%

Protein 1gr

Vitamin D 0	8%
Calcium 0	10%
Iron 0	15%
Potassium 0	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

ALLERGENS

Free From

Milk, Eggs, Fish, Crustacean, Tree Nuts, Peanuts, Nuts, Sesame

Contains

Soy

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accuracy.



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NUTRITION ANALYSIS

Calories	100	Total Fat	1 gr	Sodium	90 mg
Protein	1 gr	Trans Fats	0 gr	Calcium	0
Total Carbohydrates	22 gr	Saturated Fat	0 gr	Iron	0
Sugars	12 gr	TPolyunsaturated Fat	0	Potassium	0
Dietary Fiber	1 gr	Monounsaturated Fat	0	Zinc	0
Lactose		Cholesterol	0 mg	Phosphorus	0
Vitamin A(IU)	0	Vitamin D	0	Thiamin	0
Vitamin A(RE)		Vitamin E	0	Niacin	0
Vitamin C	0 mg	Folate	0	Riboflavin	0
Magnesium	0	Vitamin B-6	0	Vitamin B-12	0

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