



Post Consumer Brands **UniPro**
Cereal, Frosted Flakes
Bowl Pack
Sweetened Flakes of Corn Cereal

Whole grain corn

Brand		Manufacturer		Product Category		
Malt O Meal Bowl Pack		Post Consumer Brands		Cold Cereal Single Serve		
MFG #	GTIN		Pack	Pack Desc.		
01015	10042400010156		96	96/1 oz		
Gross Weight	Net Weight	Country of Origin		Kosher	Child Nutrition	
8.67 lbs	6.00 lbs	United States of America				
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
16.56 inches	13.00 inches	14.38 inches	1.79 cu ft	9x3	365	32.00 / 95.00 FAH

INGREDIENTS

Ingredients: Milled Corn, Sugar, Contains 2% Or Less Of: Corn Syrup, Salt, Barley Malt Extract, Wheat Starch. Vitamins And Minerals: Ferric Orthophosphate (source Of Iron), Niacinamide (vitamin B3), Zinc Oxide (source Of Zinc), Thiamin Mononitrate (vitamin B1), Calcium Pantothenate (a B-vitamin), Pyridoxine Hydrochloride (vitamin B6), Folic Acid. Contains Wheat.

HANDLING

Dry

SERVING

serve with fruit and/or milk

PREP & COOKING

Add milk

Nutrition Facts

96 servings per container

Serving size 1

Amount Per Serving
Calories 110

% Daily Value*

Total Fat 0gr 0

Saturated Fat 0gr 0%

Trans Fat 0gr 0%

Cholesterol 0mg 0

Sodium 130mg 6%

Total Carbohydrate 25gr 9%

Dietary Fiber 0gr 0%

Total Sugars 10gr 0%

Includes 10 Added Sugars %

Protein 1gr

Vitamin D 0mcg 0%

Calcium 0mg 0%

Iron 3.6mg 20%

Potassium 940mg 20%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

ALLERGENS

Free From

Milk, Eggs, Fish, Crustacean, Tree Nuts, Peanuts, Nuts, Sesame, Soy

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NUTRITION ANALYSIS

Calories	110	Total Fat	0 gr	Sodium	130 mg
Protein	1 gr	Trans Fats	0 gr	Calcium	0 mg
Total Carbohydrates	25 gr	Saturated Fat	0 gr	Iron	3.6 mg
Sugars	10 gr	TPolyunsaturated Fat	0	Potassium	940 mg
Dietary Fiber	0 gr	Monounsaturated Fat	0	Zinc	0
Lactose		Cholesterol	0 mg	Phosphorus	0
Vitamin A(IU)	0	Vitamin D	0 mcg	Thiamin	0
Vitamin A(RE)		Vitamin E	0	Niacin	0
Vitamin C	0 mg	Folate	0	Riboflavin	0
Magnesium	0	Vitamin B-6	0	Vitamin B-12	0

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