



Post Consumer Brands
Raisin Bran Bowl
Pack Cereal
Whole Grain Wheat and Wheat Bran Cereal with Raisins

Whole Grain Product Stamp

Brand		Manufacturer		Product Category		
MOM Brands Bowl Pack		Post Consumer Brands		Cold Cereal Single Serve		
MFG #	GTIN		Pack	Pack Desc.		
00715	10042400007156		96	96/1.25 oz		
Gross Weight	Net Weight	Country of Origin		Kosher	Child Nutrition	
10.17 lbs	7.50 lbs	United States of America		Yes		
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
16.56 inches	13.00 inches	14.38 inches	1.79 cu ft	9x3	365	32.00 / 95.00 FAH

INGREDIENTS

Whole Grain Wheat, Raisins, Wheat Bran, Sugar, Corn Syrup, Malt Extract, Salt, Molasses, Annatto (for Color), Reduced Iron, Niacin (niacinamide), Zinc (zinc Oxide), Vitamin A Palmitate, Citric Acid, Vitamin D, Vitamin B6 (pyridoxine Hydrochloride), Vitamin B2 (riboflavin), Vitamin B1 (thiamin Mononitrate), Vitamin B12, Folate (folic Acid).

HANDLING

Dry

SERVING

serve with fruit and/or milk

PREP & COOKING

Add milk

Nutrition Facts

96 servings per container

Serving size 1

Amount Per Serving
Calories 110

% Daily Value*

Total Fat 0.5gr 1

Saturated Fat 0gr 0%

Trans Fat 0gr 0%

Cholesterol 0mg 0%

Sodium 140mg 6%

Total Carbohydrate 27gr 10%

Dietary Fiber 5gr 18%

Total Sugars 11gr

Includes 5 Added Sugars 0%

Protein 3gr

Vitamin D 1.2mcg 6%

Calcium 0mg 0%

Iron 6.3mg 35%

Potassium 188mg 4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

ALLERGENS

Free From

Milk, Eggs, Fish, Crustacean, Tree Nuts, Peanuts, Nuts, Sesame

Contains

Soy

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NUTRITION ANALYSIS

Calories	110	Total Fat	0.5 gr	Sodium	140 mg
Protein	3 gr	Trans Fats	0 gr	Calcium	0 mg
Total Carbohydrates	27 gr	Saturated Fat	0 gr	Iron	6.3 mg
Sugars	11 gr	TPolyunsaturated Fat	0	Potassium	188 mg
Dietary Fiber	5 gr	Monounsaturated Fat	0	Zinc	0
Lactose		Cholesterol	0 mg	Phosphorus	0
Vitamin A(IU)	180 mcg	Vitamin D	1.2 mcg	Thiamin	0
Vitamin A(RE)		Vitamin E	0	Niacin	0
Vitamin C	0	Folate	0	Riboflavin	0
Magnesium	0	Vitamin B-6	0	Vitamin B-12	0

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