



Post Consumer Brand
Cereal, Corn Flakes
Bowl Pack
Oven Toasted Flakes of Corn Cereal

Whole Gain goodness

Brand		Manufacturer		Product Category		
Malt O Meal Bowl Pack		Post Consumer Brands		Cold Cereal Single Serve		
MFG #	GTIN		Pack	Pack Desc.		
00615	10042400006159		96	96/0.75 oz		
Gross Weight	Net Weight	Country of Origin		Kosher	Child Nutrition	
7.17 lbs	4.50 lbs	United States of America		Yes		
Length	Width	Height	Volume	TlxHl	Shelf Life	Storage Temp From/To
16.56 inches	13.00 inches	14.38 inches	1.79 cu ft	9x3	365	32.00 / 95.00 FAH

INGREDIENTS

Milled Corn, Sugar, Salt, Malt Extract, Corn Syrup, Vitamin C (sodium Ascorbate), Reduced Iron, Zinc (zinc Oxide), Niacin (niacinamide), Vitamin A Palmitate, Vitamin B6 (pyridoxine Hydrochloride), Vitamin D, Vitamin B2 (riboflavin), Vitamin B1 (thiamin Mononitrate), Folate (folic Acid), Vitamin B12, Wheat Starch. Bht To Preserve Freshness

HANDLING

Dry

SERVING

serve with fruit and/or milk

PREP & COOKING

Add milk

Nutrition Facts

96 servings per container

Serving size 1oz

Amount Per Serving
Calories 80

% Daily Value*

Total Fat 0gr 0%

Saturated Fat 0gr 0%

Trans Fat 0gr 0%

Cholesterol 0mg 0%

Sodium 210mg 9%

Total Carbohydrate 18gr 6%

Dietary Fiber 0.5gr 3%

Total Sugars 2gr 0%

Includes 0 Added Sugars 0%

Protein 2gr

Vitamin D 0 6%

Calcium 0mg 0%

Iron 6.3mg 35%

Potassium 0mg 0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

ALLERGENS

Free From

Milk, Eggs, Fish, Crustacean, Tree Nuts, Peanuts, Nuts, Sesame

Contains

Soy

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Post Consumer Brand

UniPro
FOODSERVICE

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Bowl Pack

Oven Toasted Flakes of Corn Cereal

NUTRITION ANALYSIS

Calories	80	Total Fat	0 gr	Sodium	210 mg
Protein	2 gr	Trans Fats	0 gr	Calcium	0 mg
Total Carbohydrates	18 gr	Saturated Fat	0 gr	Iron	6.3 mg
Sugars	2 gr	TPolyunsaturated Fat	0	Potassium	0 mg
Dietary Fiber	0.5 gr	Monounsaturated Fat	0	Zinc	0
Lactose		Cholesterol	0 mg	Phosphorus	0
Vitamin A(IU)	0	Vitamin D	0	Thiamin	0
Vitamin A(RE)		Vitamin E	0	Niacin	0
Vitamin C	0 mg	Folate	0	Riboflavin	0
Magnesium	0	Vitamin B-6	0	Vitamin B-12	0