



Cavendish Farms®
STEAK CUT

56210 34013

Cooking Instructions

Fryer

Temp: 180°C /350°F
Cook Time: 3 1/2 min

Convection Oven

Temp: 213°C /415°F
Cook Time: 10 - 12 min

Traditional Oven

Temp: 232°C /450°F
Cook Time: 22 -25 min

Product Specifications

Product Name	Steak Cut
GTIN - 14	100 56210 34013 6
GTIN - 12	0 56210 34013 9
Cut Size	7/16" x 7/8"
Grade	Long Fcy
Coated	No
Shelf Life	24
Kosher	Yes
Halal	Yes
Pack Size	6 x 5 LB
Net Weight (LB)	30
Gross Weight (LB)	31.75
Pallet Pattern (ti x hi)	10 x 7
Case Cube (ft3)	0.95
Case Dimensions (in)	16" x 12" x 8.625"
Packaging Type (Case)	Oyster
Packaging Type (Bag)	Clear Poly

Nutrition Facts

11 servings per container*	
Serving size	3 oz (85 g/ 10 pieces)
Amount per serving	
Calories	110
% Daily Value*	
Total Fat 2.5g	3 %
Saturated Fat 0g	0 %
TransFat 0mg	
Cholesterol 0mg	0 %
Sodium 35mg	2 %
Total Carbohydrate 19g	7 %
Dietary Fibre 2g	7 %
Total Sugars 0g	
Includes 0g Added Sugars	0 %
Protein 2g	
Vitamin D 0mcg	0 %
Calcium 9mg	0 %
Iron 0.6mg	4 %
Potassium 306mg	6 %
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Ingredients

Potatoes, Vegetable Oil (Contains One or More of the Following: Soybean Oil, Canola Oil), Disodium Dihydrogen Pyrophosphate to Promote Color Retention, and Dextrose.



