



Cavendish Farms®

GOLDEN NUGGETS OVENABLE

56210 04101

Cooking Instructions

Fryer

Temp: 180°C /350°F
Cook Time: 3 min

Convection Oven

Temp: 230°C /450°F
Cook Time: 8 – 12 min

Traditional Oven

Temp: 230°C /450°F
Cook Time: 12 – 20 min

Product Specifications

Product Name	Golden Nuggets Ovenable
GTIN - 14	100 56210 04101 9
GTIN - 12	0 56210 04101 2
Grade	Grade A
Coated	No
Shelf Life	24
Kosher	Yes
Halal	Yes
Pack Size	6 x 5 LB
Net Weight (LB)	30
Gross Weight (LB)	31.75
Pallet Pattern (ti x hi)	10 x 6
Case Cube (ft3)	1.31
Case Dimensions (in)	15.875" x 12.125" x 11.75"
Packaging Type (Case)	Kraft
Packaging Type (Bag)	Clear Poly

Nutrition Facts

11 servings per container*	
Serving size	3 oz (85 g/ 9 pieces)
Amount per serving	
Calories	150
% Daily Value*	
Total Fat 8g	10 %
Saturated Fat 0.5g	3 %
TransFat 0g	
Cholesterol 0mg	0 %
Sodium 300mg	13 %
Total Carbohydrate 20g	7 %
Dietary Fibre 2g	7 %
Total Sugars 0g	
Includes 0g Added Sugars	0 %
Protein 2g	
Vitamin D 0mcg	0 %
Calcium 6mg	0 %
Iron 0mg	2 %
Potassium 257mg	6 %
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

Ingredients

Potatoes, Vegetable Oil (Contains one or more of the following: Canola Oil, Soybean Oil), Salt, Dextrose, Disodium Dihydrogen Pyrophosphate (to promote color retention).



