



Item #: L0090

Sweet Things® CrissCut

Brand: Sweet Things®

Cut Size: Waffle Cut Approx. 55 ct/lb

Package Size: 5/3#

Sweet Things® sweet potato products offer a delicious alternative to traditional potatoes in a variety of formats. The waffle shape brings originality and superb plate coverage with a light coating for extra crispiness.

Ingredients

Ingredients: Sweet Potatoes, Canola Oil, Modified Food Starch (Corn, Potato, Tapioca), Sugar, Rice Flour, Cornstarch, Dextrin, Spice, Salt, Spice and Coloring, Xanthan Gum, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate).

Grade: A

Kosher: No

Halal: Yes

NUTRITION

Serving size: 1 cup (84g)
Servings per container: About 80
Calories [per serving]: 150

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Amount per Serving		% Daily Value*
Total Fat	6.0g	8%
Saturated Fat	0.5g	3%
Trans Fat	0g	
Cholesterol	0.0mg	0%
Sodium	170.0mg	7%
Total Carbohydrate	23.0g	
Dietary Fiber	2.0g	7%
Total Sugars	5g	
Added Sugars	3.0g	6%
Protein	2.0g	
Vitamin D	0.0mcg	0%
Calcium	20.0mg	0%
Iron	0.45mg	2%
Potassium	270.0mg	4%

COOKING METHODS

Method	Time	Temperature	Additional Instructions
Convection Oven	7 - 9 min	400°F	Arrange frozen product in a single layer on a baking sheet lined with aluminum foil or parchment paper. Turn product halfway through baking time.

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Conventional Oven	18 - 20 min	400°F	Arrange frozen product in a single layer on a baking sheet lined with aluminum foil or parchment paper. Turn product halfway through baking time.
Deep Fry	1 3/4 - 2 1/4 min	345 - 350°F	Deep fry from frozen state. Fill basket 1/2 full.

SHIPPING AND STORAGE

Shipping Information		Product Information	
Net Weight	15 lb	Country of Origin	US
Gross Weight	17 lb	Shelf Life	720 days
Count Per Pound	N/A		
Case Cube	0.97		
Ti/Hi	11,9		

Handling Instructions

Do not drop. Handle like eggs. Perishable, keep frozen. Store at 0°F or colder.