



Item #: A0030

Lamb's Seasoned® Tri-Cut Dice

Brand: Lamb's Seasoned®

Cut Size: 1/2" Tri-Cut Diced

Package Size: 6/5#

From mild to wild, Lamb's Seasoned® offers a wide range of flavors for quick and convenient pre-seasoned options. These tri-cut dices have been gently roasted for baking optimization

Ingredients

Ingredients: Potatoes, Vegetable Oil (Contains One or More of the Following: Canola, Palm, Soybean, Sunflower), Enriched Wheat Flour (Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Modified Corn Starch, Salt, Spices, Corn Meal, Garlic Powder, Onion Powder, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Dried Yeast, Dextrose, Oleoresin Paprika. CONTAINS: WHEAT

Grade: A

Kosher: No

Halal: Yes

NUTRITION

Serving size: 1 cup (84g)
Servings per container: About 160
Calories [per serving]: 130

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Amount per Serving		% Daily Value*
Total Fat	5.0g	6%
Saturated Fat	1.5g	8%
Trans Fat	0g	
Cholesterol	0.0mg	0%
Sodium	330.0mg	14%
Total Carbohydrate	20.0g	
Dietary Fiber	2.0g	7%
Total Sugars	less than 1g	
Added Sugars	0.0g	0%
Protein	2.0g	
Vitamin D	0.0mcg	0%
Calcium	11.0mg	0%
Iron	0.36mg	2%
Potassium	270.0mg	4%

COOKING METHODS

Method	Time	Temperature	Additional Instructions
Deep Fry	3 1/2 - 4 min	345 - 350°F	Deep fry from frozen state. Fill basket 1/2 full.

SHIPPING AND STORAGE

Shipping Information		Product Information	
Net Weight	30 lb	Country of Origin	US
Gross Weight	32 lb	Shelf Life	720 days
Count Per Pound	N/A		
Case Cube	0.99		
Ti/Hi	8,9		

Handling Instructions

Do not drop. Handle like eggs. Perishable, keep frozen. Store at 0°F or colder.