



TB Plantain Regular Toston 6/3lb

PRODUCT OF ECUADOR

40825



FROZEN VEGETABLES

IQF VEGETABLES

CARIBBEAN VEGETABLE

Product Description

The toston is made from sliced green (unripe) plantains cut either length-wise or width-wise and are twice fried. The slices of plantains are fried for one to two minutes on each side until they are golden in color, and removed and patted for excess oil. Afterwards, they are pounded flat with a utensil made for the task, called a tostonera.

Tostón, also known as patacon can be served as an appetizer, a side dish or much like potato chips or french fries.

Pack and Case Specifications

Pack Net Weight

3lb

Packs per Case

6

Case Size (LxWxH)

15.74"x 11.81"x 7.48"

Case Gross Weight

18.65lb

Cases per Pallet

120 (10/12)

Master Case GTIN

00825414408255

Case Cube

0.81ft3

Expiration date codification

Microbiological

TPC: ≤ 1,000,000 cfu/g

Fecal coliforms: <10 cfu/g

Staphylococcus aureus: 1,000 cfu/g

E.coli: Absence/25g

Salmonella: Absence/25g

Listeria Monocytogenes: Absence/25g

Ingredients

GREEN FRESH PLANTAINS, VEGETABLE OIL (PALM).

Physical

Unit weight: 1.41 to 1.2.12oz (40 to 60 g).
Diameter: 3.34" to 4.13" (8.5 to 10.5 cm).
Thickness: 0.20" to 0.28" (0.5 to 0.7 cm).
Brix: 7-9°Bx

Organoleptic

Color: Bright Gold with pink flesh tone.
Flavor: Typical of green fried plantain.
Smell: Typical of green fried plantain.
Texture: Crunchy (fried).
Appearance: Fried.

Nutrition

Nutrition Facts

9 servings per container
Serving size 3 units (140g)

Amount per serving

Calories 280

% Daily Value*

Total Fat 2g 3%

Saturated Fat 1g 5%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 30mg 1%

Total Carbohydrate 64g 23%

Dietary Fiber 4g 14%

Total Sugars 0g

Includes 0g Added Sugars 0%

Protein 1g

Vitamin D 8mcg 40%

Calcium 4mg 0%

Iron 2mg 10%

Potassium 600mg 15%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Allergens

NONE.

Directions

Deep Fryer

Preheat oil to 350°F (180°C). Place small amount of tostones in fryer. Deep fry for 60 to 90 seconds. Drain, add salt and serve. Add mojo salsa (garlic sauce) for an authentic caribbean dish.

Pan

Preheat oil to 350°F (180°C). Place one layer of frozen tostones on pan. Use enough oil to fully cover tostones. Fry for 60 to 90 seconds. Drain, add salt and serve.

Certificates and Claims

Kosher certified, HACCP, Gluten Free. GMO FREE & FSSC 22000 certified.

Storage and Shelf Life

Store in freezer below 0°F (-18°C). Shelf-life frozen: 24 months. Keep frozen until ready to use. Do not thaw and refreeze.

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By KN

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