



Sliced sweet plantain 4/6lb

Bananes plantain en rondelles

PRODUCT OF ECUADOR

40827



FROZEN VEGETABLES

IQF VEGETABLES

CARIBBEAN VEGETABLE

Product Description

- These pre-cooked sweet sliced plantains can be served in an array of presentations, as an appetizer, side-dish or dessert. These plantains are under Latin Fiesta Brand. The Latin Fiesta Item # is 503405.

Pack and Case Specifications

Pack Net Weight

6lb

Packs per Case

4

Case Size (LxWxH)

15.35"x 11.81"x 6.88"

Case Cube

0.72ft3

Case Gross Weight

25.1lb

Cases per Pallet

100 (10/10)

Ingredients

Yellow plantain banana, non-hydrogenated palm oil.

Microbiological

TPC: 50,000 cfu/g

E.coli: 10 cfu/g

Salmonella: Absence/25g

Listeria Monocytogenes: Absence/25g

Physical

Length: 1.57" to 3.94"

Thickness: 0.71"- 0.91"

Average unit weight: 1.2 oz

Average count/bag: 80 slices

Nutrition

Nutrition Facts

Serving Size about 3 slices (100g)
Servings Per Container about 27

Amount Per Serving	
Calories 220	Calories from Fat 60
% Daily Value*	
Total Fat 7g	11%
Saturated Fat 3g	15%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 100mg	4%
Total Carbohydrate 20g	7%
Dietary Fiber 0g	0%
Sugars --g	
Protein 2g	
Vitamin A 10%	Vitamin C 6%
Calcium 0%	Iron 4%

Allergens

Cooking Directions

Deep Fryer

Preheat oil to 350°F (180°C) and deep-fry for 3 to 4 minutes until golden brown. Drain and serve.

Conventional Oven

Preheat oven to 350°F (180°C) and place the plantain evenly on a baking tray in a single layer. Cook for 20 minutes until golden brown.

Storage and Shelf Life

Store in freezer below 0°F (-18°C). Keep frozen until ready to use. Unopened bags can be stored for 24 months. Do not thaw and refreeze.

UPC code



revised

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